

Peace, Hope & a Brighter Futures for Survivors of Domestic Violence

# DOMESTIC

"a pattern of coercive control that one individual intermittently exerts over another."

VIOLENCE

## Myth or Fact?



Domestic Violence is Only Physical



Domestic violence is coercive control. This may include many forms of abuse beyond physical assault.

Verbal, emotional, psychological, financial, spiritual, sexual, and technological are all domestic violence.

#### PHYSICAL ABUSE

tripping biting

ISOLATION

Isolating her from friends, family, or anyone who speaks her language. Not allowing her to learn Engish.

pushing, shoving, hilling

**EMOTIONAL ABUSE** 

Lying about her immigration status. Writing her family lies about her. Calling her racist names.

slapping, choking, pulling hair

ECONOMIC ABUSE

Threatening to report her if she works "under the table." Not letting her get job training or schooling.

#### INTIMIDATION

unsiled ares

throwing her down Hiding or destroying important papers (i.e. passport, ID cards, health care card, etc.) Destroying her only property from her country of origin.

> USING CITIZENSHIP OR RESIDENCY **PRIVILEGE**

Failing to file papers to legalize her immigration status. withdrawing or threatening to withdraw papers filed for her residency.

THREATS

Threatening to report her to the INS to get her deported.

Threatening to withdraw the petition to legalize her immigration status.

**SEXUAL ABUSE** 

Calling her a prostitute or "mail order bride."

Alleging she has a history of prostitution on legal papers.

Threatening to take her children away from the U.S.

Threatening to report her children to the INS

PHYSICAL ABUSE

**Power** and **Control** 

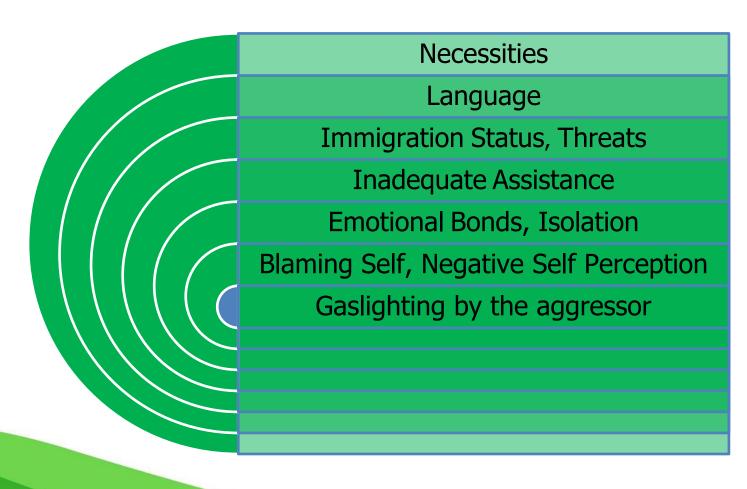
beating. 1

using a meanon against her

USING CHILDREN

punching kicking graphics

# Why stay or return to an abusive relationship?







#### Casa de Paz: Our Mission

We facilitate the transition of Latinx women and their children from survivors of intimate partner violence to confident, self-reliant individuals.





Casa de Paz provides a secure, culturally responsive haven for women and their children as they begin a new life, free from abuse and trauma.

"In the immediate aftermath of trauma, rebuilding of some minimal form of trust is the primary task. Assurances of safety and protection are of greatest importance."

Judith Herman *Trauma and Recovery* 

Our Home



### Supporting Trauma Survivors with Trauma Informed Care

Helpers must show respect for survivor's fluctuating needs for closeness and distance, and respect for their attempts to reestablish autonomy and self-control.

Judith Herman, *Trauma and Recovery* 







## Program

We offer programming to support women as they work toward their goals, whether that be economic independence, building self-esteem or gaining the confidence needed to face the world on their own. Some of our programming includes:

Counseling
Group Therapy
Spiritual companionship
Yoga & Meditation
Community Activities
Case Management
Referral Services



As new survivors arrive, we strive to support individualized services that support their journey.

## Case Management





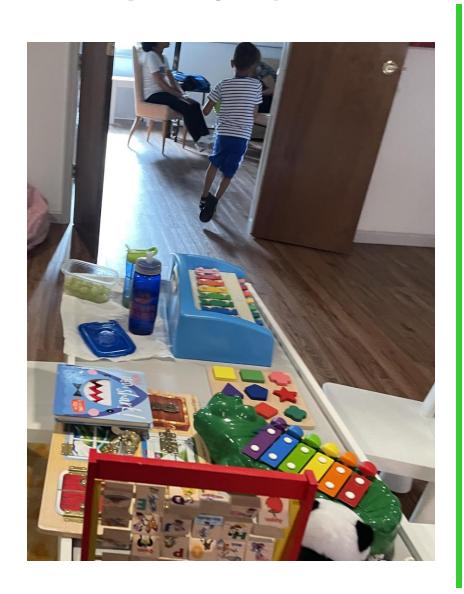
Residents meet with our Family Support Coordinator once a week. They share their hopes for the future and set individualized goals. The FSP helps families obtain healthcare, public benefits, enroll children in school, and get access to basic needs items like food and clothing.

We partner with other agencies to support residents with services that we do not offer. Some of those include:

- ESL
- Legal support
- Immigration attorneys
- Child enrollment in school or EC programs

#### Children





Children are supported through age-appropriate enrichment activities in the home and in the community.

Children may also receive services from bilingual mental health professionals to support their healing.



## The Fenix Group



The Fenix group offers practical support for Casa de Paz residents and the community.

Educational programming is offered to improve self-esteem, support cultural adaptations and encourage healthy living.



#### Boots on the Ground

4 women (and 9 children) have participated so far, utilizing \$9,574 in assistance.

#### Impact:

- "The program helped me have some extra spending money for groceries. I was able to breathe a little easier knowing I had help with rent. When I met with Jennifer I got help filling out paperwork for benefits and got help with communicating with my children's school. I felt safe knowing that I would be able to pay my rent."
- "It helped buy food and other necessities for the house, and I was able to save some money for school clothes. Connecting with Jennifer helped me from getting depressed. I liked having someone to talk to. I loved being able to check in with someone. I felt safe and was able to relax and now have to think about how I was going to make ends meet.



#### Get Involved

- Make referrals
- Check out our website
- Follow us on Facebook and Instagram
- Volunteer
- Learn more about Domestic Violence
  - https://odvn.talentlms.com/index





# Questions?