



**Casa de Paz**

Cincinnati

**Peace, Hope  
& a Brighter  
Futures for  
Survivors of  
Domestic  
Violence**

# DOMESTIC

"a pattern of coercive control that one individual intermittently exerts over another."

# VIOLENCE

# Myth or Fact?

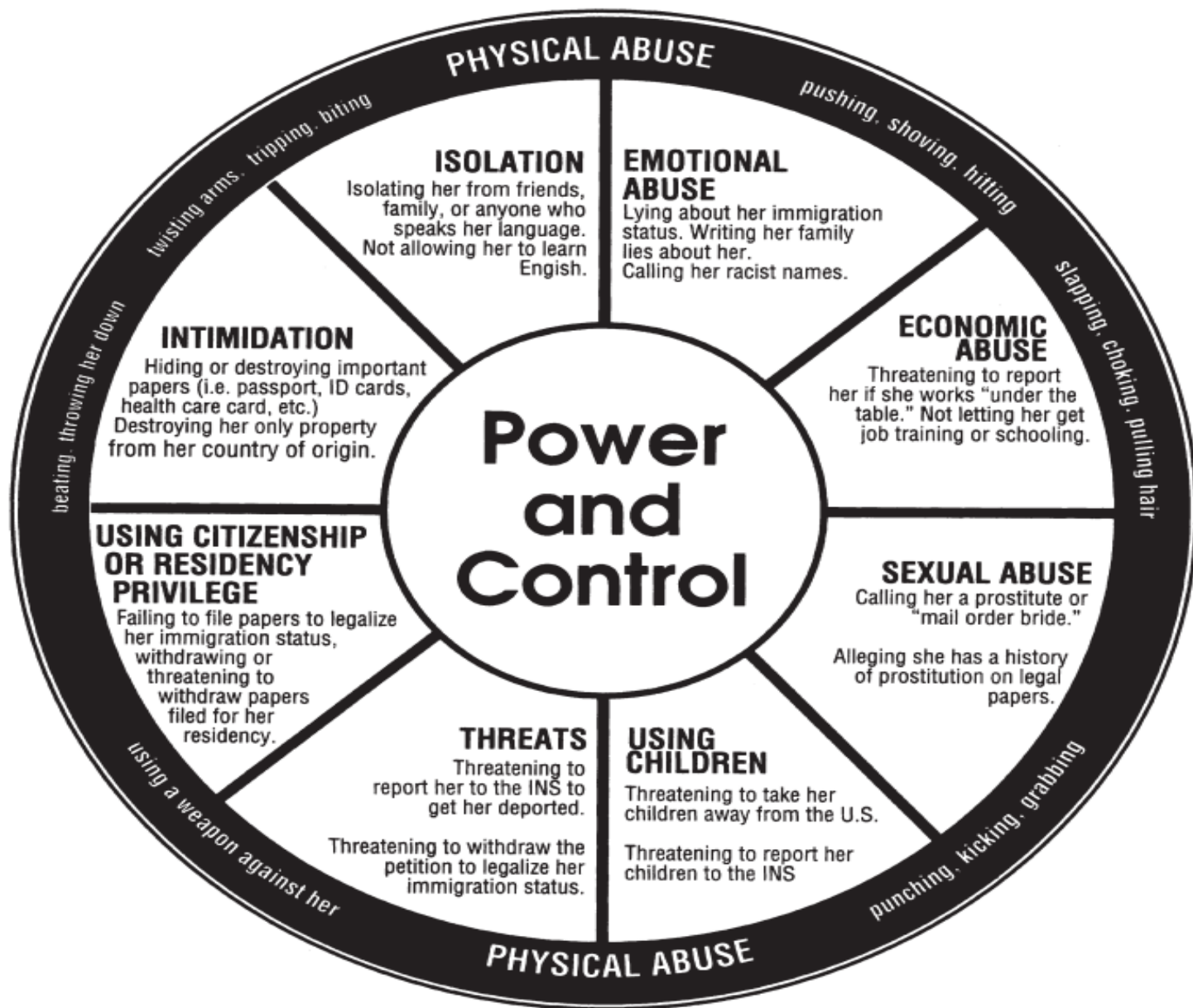


Domestic Violence  
is Only Physical

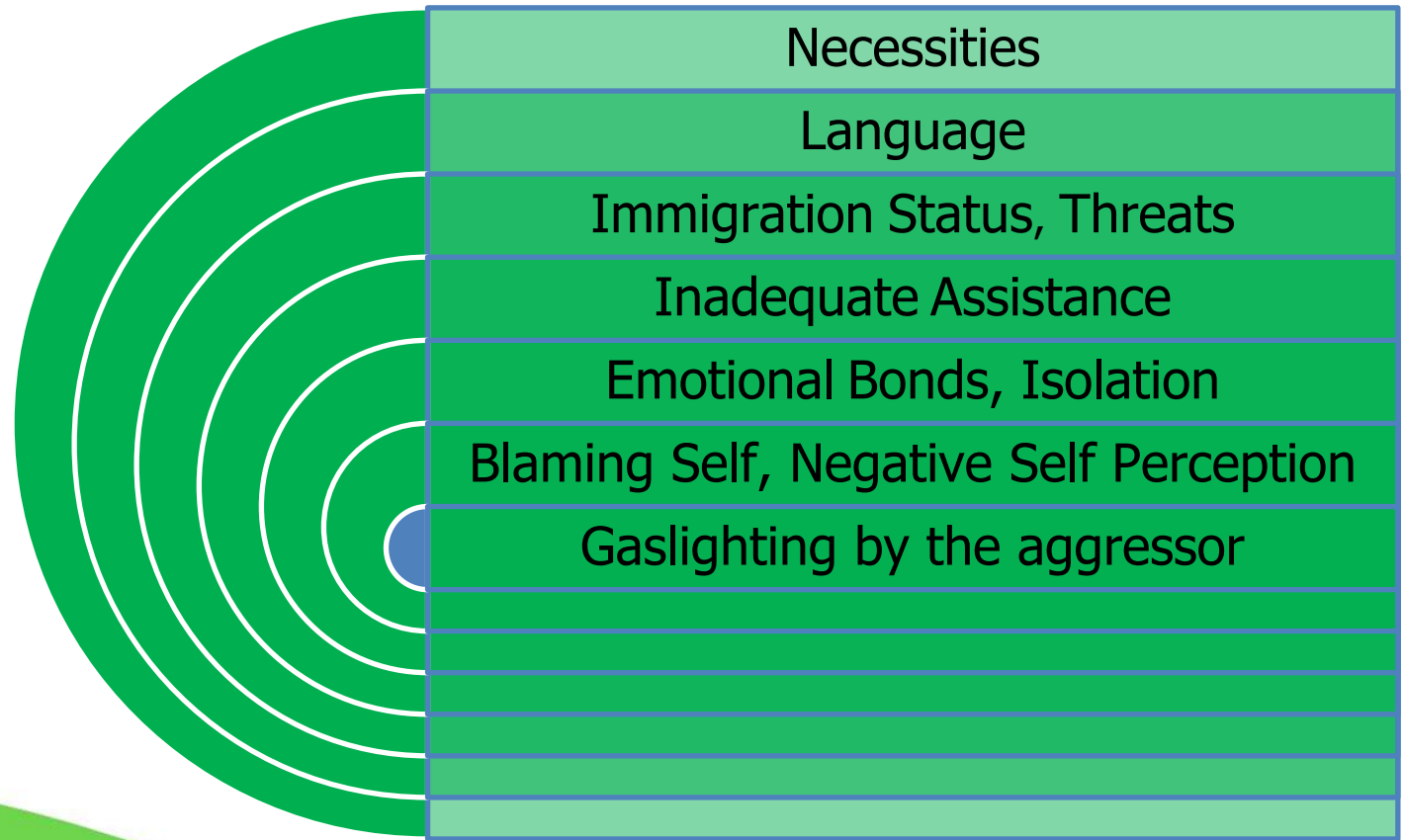
Myth!

Domestic violence is coercive control. This may include many forms of abuse beyond physical assault.

Verbal, emotional, psychological, financial, spiritual, sexual, and technological are all domestic violence.



# *Why stay or return to an abusive relationship?*



# Casa de Paz: Our Mission

*We facilitate the transition of Latinx women and their children from **survivors** of intimate partner violence to **confident, self-reliant individuals**.*





Casa de Paz

Casa de Paz provides a secure, culturally responsive haven for women and their children as they begin a new life, free from abuse and trauma.

Our  
Home

*"In the immediate aftermath of trauma, rebuilding of some minimal form of trust is the primary task. Assurances of safety and protection are of greatest importance."*

Judith Herman *Trauma and Recovery*



# *Supporting Trauma Survivors with Trauma Informed Care*

*Helpers must show respect for survivor's fluctuating needs for closeness and distance, and respect for their attempts to reestablish autonomy and self-control.*

*Judith Herman, Trauma and Recovery*







Casa de Paz

# *Program*

We offer programming to support women as they work toward their goals, whether that be economic independence, building self-esteem or gaining the confidence needed to face the world on their own. Some of our programming includes:

Counseling

Group Therapy

Spiritual companionship

Yoga & Meditation

Community Activities

Case Management

Referral Services



*As new survivors arrive, we strive to support individualized services that support their journey.*

# *Case Management*



Residents meet with our Family Support Coordinator once a week. They share their hopes for the future and set individualized goals. The FSP helps families obtain healthcare, public benefits, enroll children in school, and get access to basic needs items like food and clothing.

We partner with other agencies to support residents with services that we do not offer. Some of those include:

- ESL
- Legal support
- Immigration attorneys
- Child enrollment in school or EC programs



Casa de Paz

# Children



Children are supported through age-appropriate enrichment activities in the home and in the community.

Children may also receive services from bilingual mental health professionals to support their healing.

# *The Fenix Group*



The Fenix group offers practical support for Casa de Paz residents and the community.

Educational programming is offered to improve self-esteem, support cultural adaptations and encourage healthy living.

## *Boots on the Ground*

4 women (and 9 children) have participated so far, utilizing \$9,574 in assistance.

### Impact:

- "The program helped me have some extra spending money for groceries. I was able to breathe a little easier knowing I had help with rent. When I met with Jennifer I got help filling out paperwork for benefits and got help with communicating with my children's school. I felt safe knowing that I would be able to pay my rent."
- "It helped buy food and other necessities for the house, and I was able to save some money for school clothes. Connecting with Jennifer helped me from getting depressed. I liked having someone to talk to. I loved being able to check in with someone. I felt safe and was able to relax and now have to think about how I was going to make ends meet.



Casa de Paz

# *Get Involved*

- Make referrals
- Check out our website
- Follow us on Facebook and Instagram
- Volunteer
- Learn more about Domestic Violence
  - <https://odvn.talentlms.com/index>





Casa de Paz

*Questions?*