

WAYS TO REDUCE GUN VIOLENCE AND CENTER FOR HEALING THE HURT

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WHAT IS THE CFHTH?

MISSION AND VISION

- ❖ MISSION: is to transform trauma into healing and hope.
- ❖ VISION: is to eradicate Mental Illness in underserved communities.
- ❖ <https://centerforhealingthehurt.org>

16-year-old dead, 3 others injured in Walnut Hills shooting



Cameron Knight

Cincinnati Enquirer

Published 7:41 a.m. ET June 18, 2021 | Updated 1:41 p.m. ET June 18, 2021

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A 16-year-old boy is dead and 3 other people were injured in a shooting at Walter Avenue late Thursday. Fox19

Youth gun violence alarming, and it has been at this level for a decade



Cameron Knight
Cincinnati Enquirer

Published 10:31 p.m. ET July 6, 2021 | Updated 11:04 a.m. ET July 7, 2021

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A trauma surgeon speaks: 'Bullets destroy not just what's in its path but everything surrounding it'



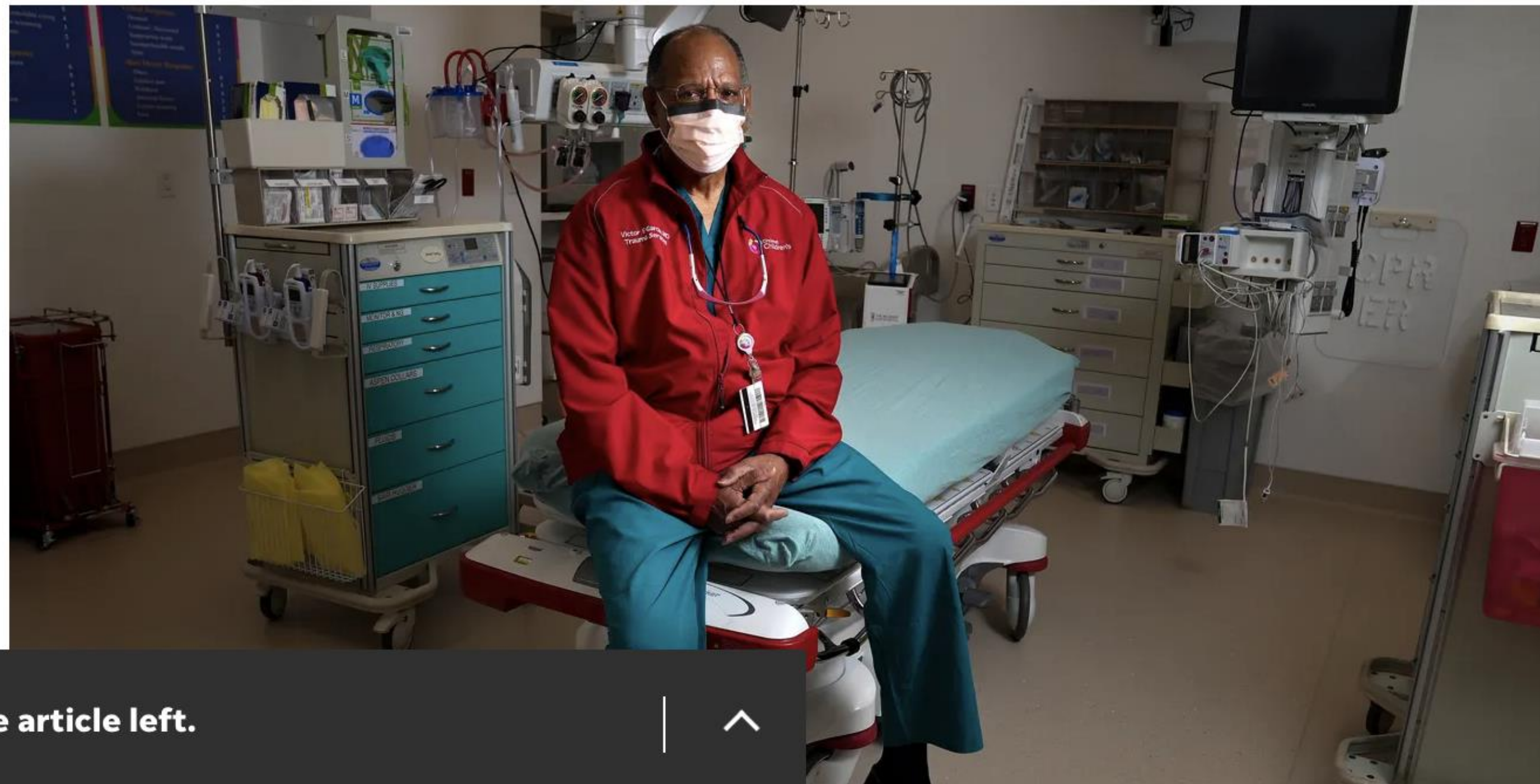
Keith BieryGolick
Cincinnati Enquirer

Published 10:00 p.m. ET Dec. 13, 2021 | Updated 8:29 a.m. ET Dec. 15, 2021

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This year in Hamilton County, 15 juveniles have been charged with murder, more than were charged in the last four years combined. Why the increase? ['Kids Who Kill,' The Enquirer's series on juvenile violence](#), continues with this conversation.



1 free article left.



A juvenile court judge speaks: 'They were robbing for food and they ate the food.'

Kevin Grasha Cincinnati Enquirer

Published 10:11 p.m. ET Dec. 14, 2021 | Updated 12:03 p.m. ET Dec. 16, 2021

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The Cincinnati Story

- ❖ 11 year old girl
- ❖ 15 year old boy
- ❖ 2021: 14 Teens murdered
- ❖ 2021: 15 teens charged with murder
- ❖ Over 20 harmed by gun violence



Adverse Childhood Experiences

- ❖ **STRESS IN CHILDHOOD**
 - ❖ POSITIVE STRESS
 - ❖ TOLERABLE STRESS
 - ❖ TOXIC STRESS



Adverse Childhood Experiences

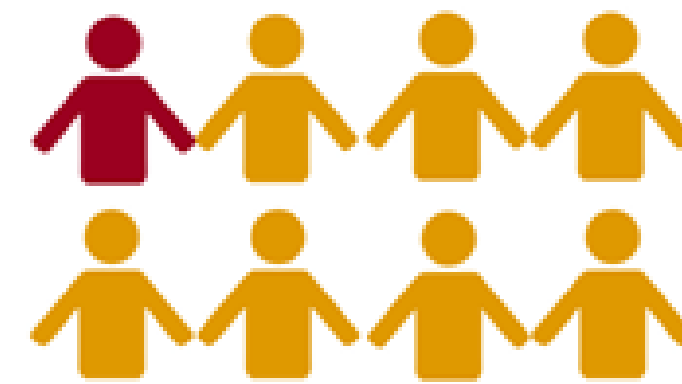
Traumatic events that can have negative, lasting effects on health and wellbeing



People with 6+ ACEs can die

20 yrs

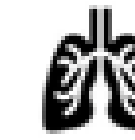
earlier than those who have none



1/8 of the population have more than 4 ACEs

4 or more ACEs

3x the levels of lung disease and adult smoking



11x the level of intravenous drug abuse



14x the number of suicide attempts



4x as likely to have begun intercourse by age 15

4.5x

more likely to develop depression



2x

the level of liver disease

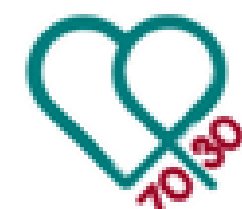
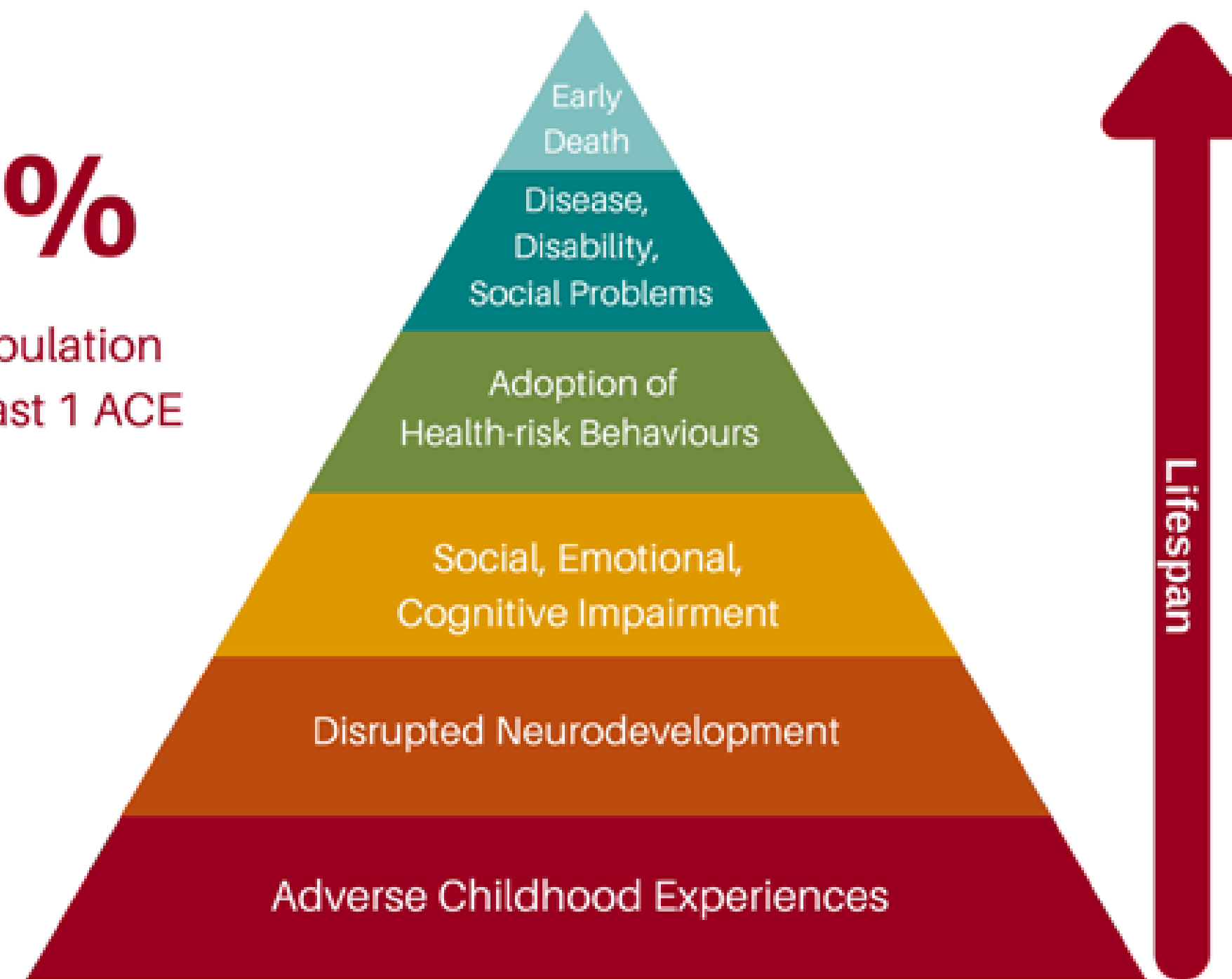


“ Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today ”

Dr. Robert Block, the former President of the American Academy of Pediatrics

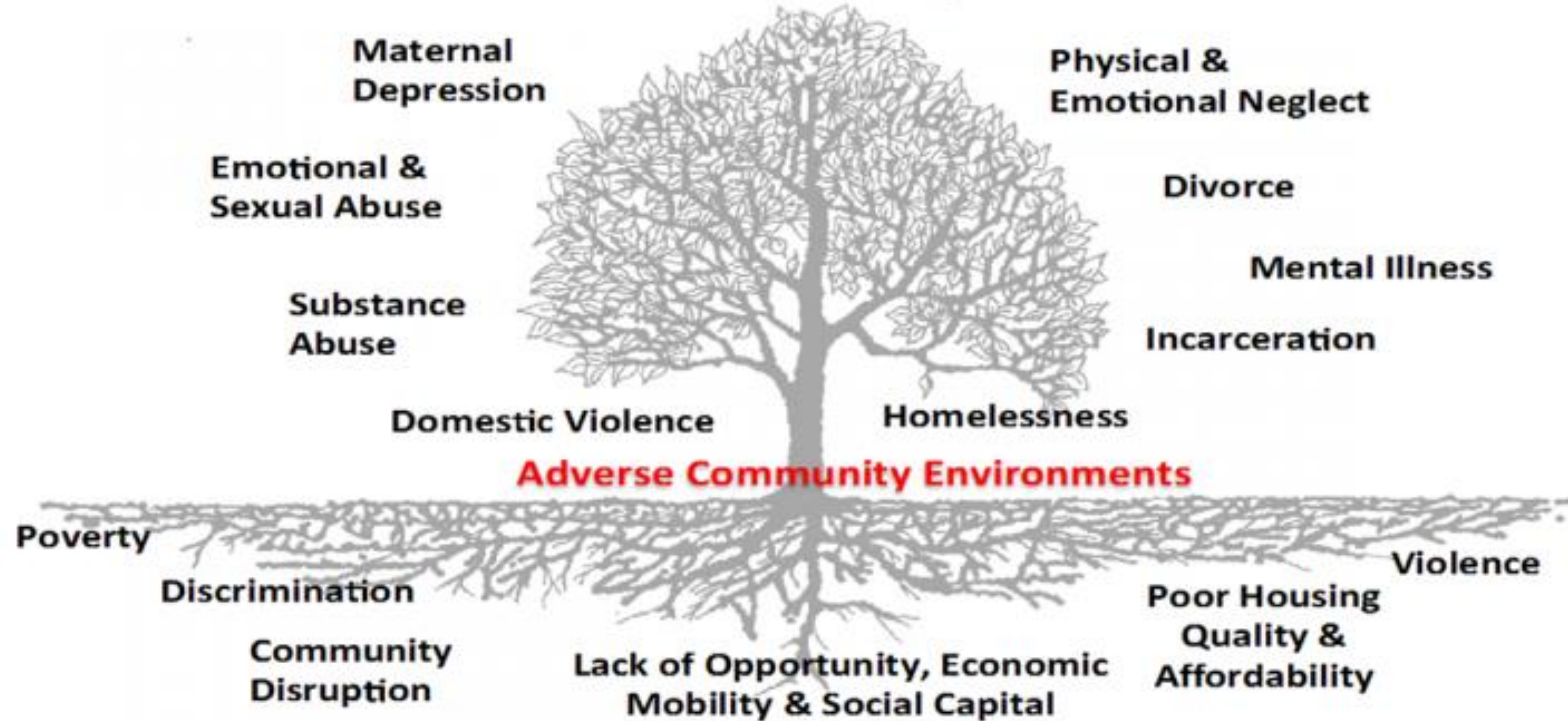
67%

of the population have at least 1 ACE



The Pair of ACEs

Adverse Childhood Experiences



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011



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I NEED YOUR SUPPORT

Together we can make a change

- ❖ To educate and empower
- ❖ To heal the hurt
- ❖ To stop the mental health stigma
- ❖ To eradicate gun violence, crime and trauma in our communities
- ❖ Ways to cope with pain and sorrow instead of violence
 - ❖ Movement therapy, learn how to use relaxation techniques appropriately

VOLUNTEER

- ❖ Licensed Professionals
- ❖ To help raise funds
- ❖ Work on events, programs and with the children and teens.



WHY CHOOSE CENTER FOR HEALING THE HURT

We provide access to mental health services for people of color, victims of crime/trauma, and disparate populations.

They are all our children, we will benefit from or pay for what they become.

-James Baldwin

<https://centerforhealingthehurt.org>