

HAMILTON COUNTY

**Mental Health &
Recovery Services Board**

**Childhood Trauma Awareness
Price Hill Recreation Center
June 23, 2022**

Statutory Authority Under ORC §340

Serve as the
MH and AOD
planning
authority for
the county

Lead Public Behavioral Healthcare in Hamilton County

- Plan
- Fund
- Manage
- Evaluate

Coordinate System of Community Care

- Cost Effective
- Better Outcomes
- Meets Needs and Preferences

Hamilton County Crisis Continuum

- **Suicide Prevention Hotline- 24/7 281-CARE**
 - **Crisis Text Line-** Adult- text to 839863
Youth- text 4HOPE to 839863
- **Mobile Crisis Team- 24/7 513-584-5098**
- **Crisis Intervention Team (CIT)- 40 hour training for First Responders**
- **Crisis Stabilization Unit-** both Adult and Children
- **Mental Health Access Point (MHAP)- 24/7 513- 558-8888**
- **Cincinnati Children's Hospital Psychiatric Intake Response Center (PIRC) - 24/7 513-636-4124**
- **Best Point Pediatric Urgent Care- 3-10PM 513-527-3040**
- **Behavioral Health Agencies-** provide outpatient services that are trauma informed care and offer evidenced based programming



UC HealthTM

IN SCIENCE LIVES HOPE.

Mobile Crisis Hamilton County

UC Health

6.23.22

Mobile Crisis Goals

- Provide treatment for adults and children with chronic mental illness or experiencing a psychiatric emergency.
- Increasing Connection to Services: Proactive Approach
- Reduce Pressure on the Healthcare System: Reduce unnecessary ED visits.
- Promote Cost Effectiveness: Savings to Police Dept. & EMS
- Reduce the criminalization of persons with mental illness.





Services Include

- Telephone Screening
- Information and Referral
- Crisis Intervention
- Follow-up calls/visits (when needed)
- Referral to outpatient counseling and case management services
- Assistance with voluntary and involuntary hospitalizations
- Consultation to community Providers
- Work closely with city and county law enforcement
- Work closely with city and county EMS

Warning Signs in Children

- Persistent sadness — two or more weeks
- Withdrawing from or avoiding social interactions
- Hurting oneself or talking about hurting oneself (cutters)
- Talking about death or suicide
- Outbursts or extreme irritability
- Out-of-control behavior that can be harmful
- Drastic changes in mood, behavior or personality
- Changes in eating habits (EDO)
High rate of suicide in EDO patients
- Loss of weight
- Difficulty sleeping
- Frequent headaches or stomachaches
- Difficulty concentrating
- Changes in academic performance
- Avoiding or missing school
- Suicide is one of the top common causes of death in adolescents.



Children Mobile Crisis Interventions

- De-escalation assistance
- Assessment of the crisis
- Review if and what services/treatment the child is connected to
- Resource recommendations to address needs based on assessment
 - Service and treatment recommendations
 - Connection or re-connection to support and services
- Collaborate with caregivers, service providers, counselors, case managers.
- Review level of care and consider higher level of care
 - In some situations, Children's Hospital further assessment is needed




Case Examples



When MCT comes what does that look like



Family focus and School example



How and When to Call Mobile Crisis

When:

A psychiatric crisis has reached a point when the family or community needs a professional to intervene and assist.

Examples:

- Behaviors of the child have escalated to a point when they or others around them are put into harms way- or at high risk to hurt themselves or others.
- When current supports have been engaged and there is still a need to deescalate and assist the child in the moment of crisis.

How:

Anyone in Hamilton county can contact Mobile Crisis. Community members, professionals and police.

513-584-5098