



Jan-Michele Lemon Kearney
Vice Mayor

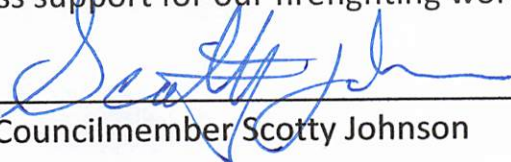
October 10, 2024

MOTION TO PROMOTE HEALTH & WELLNESS
OF CINCINNATI FIREFIGHTERS

WE MOVE that the administration prepare a report by the end of this calendar year on the cost and feasibility, as well as recommendations for implementation of the following measures to enhance the health and wellness of Cincinnati firefighters with involvement from the Cincinnati Firefighters Union Local 48 throughout the process:

1. Annual Comprehensive Firefighter Occupational Health Exams, to include a Multi-Cancer Early Detection (MCED) test, to proactively screen for cancer and other occupational health risks.
2. Upgrade Workout Equipment in all 26 firehouses to ensure firefighters have access to modern, functional fitness tools that support their physical conditioning and job performance.
3. Funding for Certification of 15 Firefighters as Health and Wellness Coaches, enabling them to provide expert guidance on nutrition, physical exercise, and wellness practices, and to support their peers in maintaining optimal health.

These initiatives aim to promote long-term health, early disease detection, and wellness support for our firefighting workforce.


Councilmember Scotty Johnson


Vice Mayor Jan-Michele Lemon Kearney

STATEMENT

Firefighters have a higher risk of being diagnosed with cancer and a higher risk of dying from cancer than the general population. A study reported by the National Institute of Standards and Technology (NIST) showed that the textiles used in protective clothing worn by firefighters often contain per- and polyfluoroalkyl substances ("PFAS"), chemicals that are associated with an increased risk of cancer. Firefighters also inhale hazardous smoke, chemicals, and other toxins on a regular basis. The International Association of Firefighters reported in 2023 that 72 percent of IAFF member line-of-duty deaths were due to occupational cancer.

Our firefighters are our first responders. They risk their lives to protect our citizens. It is our duty to do whatever we can to protect them and to promote their health and wellness to the best of our ability.