



# City of Cincinnati

801 Plum Street  
Cincinnati, OH 45202

## Agenda

### Healthy Neighborhoods

*Chairperson, Jan-Michele Kearney*  
*Vice Chairperson, Victoria Parks*  
*Councilmember Anna Albi*  
*Councilmember Scotty Johnson*

---

Tuesday, September 16, 2025

12:30 PM

Council Chambers, Room 300

---

### PRESENTATIONS

#### 1N5

Ashley Gray, Community Program Manager and Kelly Barry, Senior Program Manager

#### Madi's House

Julie Raleigh, Madi's Mom and Chief Executive Officer and Casey Roeder, Program Director

#### Gro Community

Jordan Johnson, Program Director

### AGENDA

1. [202501710](#) **PRESENTATION**, submitted by Vice Mayor Kearney, from Julie Raleigh, regarding Madi's House.  
  
**Sponsors:** Kearney  
**Attachments:** [Madi's House Presentation \(4\)](#)
2. [202501716](#) **PRESENTATION**, submitted by Vice Mayor Kearney, from Ashely Gray and Kelly Barry, regarding 1N5.  
  
**Sponsors:** Kearney  
**Attachments:** [1N5 Presentation](#)
3. [202501732](#) **PRESENTATION**, submitted by Vice Mayor Kearney, from Gro Community, regarding a look into the work of GRO Community.  
  
**Sponsors:** Kearney  
**Attachments:** [Gro Community Presentation](#)

ADJOURNMENT





# MAD'S

*House*



[WWW.MHCINCY.ORG](http://WWW.MHCINCY.ORG)



# MEET MADI



C





# MADI'S IDEA

The Annex



The House





Hangout



Get Creative



Mind, Body, & Soul

# PROGRAMMING



- **FRIDAY NIGHT FUN**
- **ARTS & CRAFTS**
- **AA & NA MEETINGS (LOGAN'S STORY)**
- **RECOVERY YOGA**
- **BOOK CLUBS**
- **COOKING CLASSES**
- **IN-HOUSE COFFEE CORNER**
- **BLOCK PARTIES & HANGOUT TIMES**

- **CHESS CLUB**
- **NAMI SUPPORT GROUPS**
- **PEER SUPPORT**
- **SELF-CARE CLUB**
- **SHE THRIVES**
- **SPECIAL EVENTS**
- **FIELD TRIPS**







# REDUCING BARRIERS







**SPARK**

Self-discovery . Peace . Awareness & Acceptance . Resilience . Keep-going

**A MENTAL WELLNESS CAMP FOR HIGH SCHOOL STUDENTS**

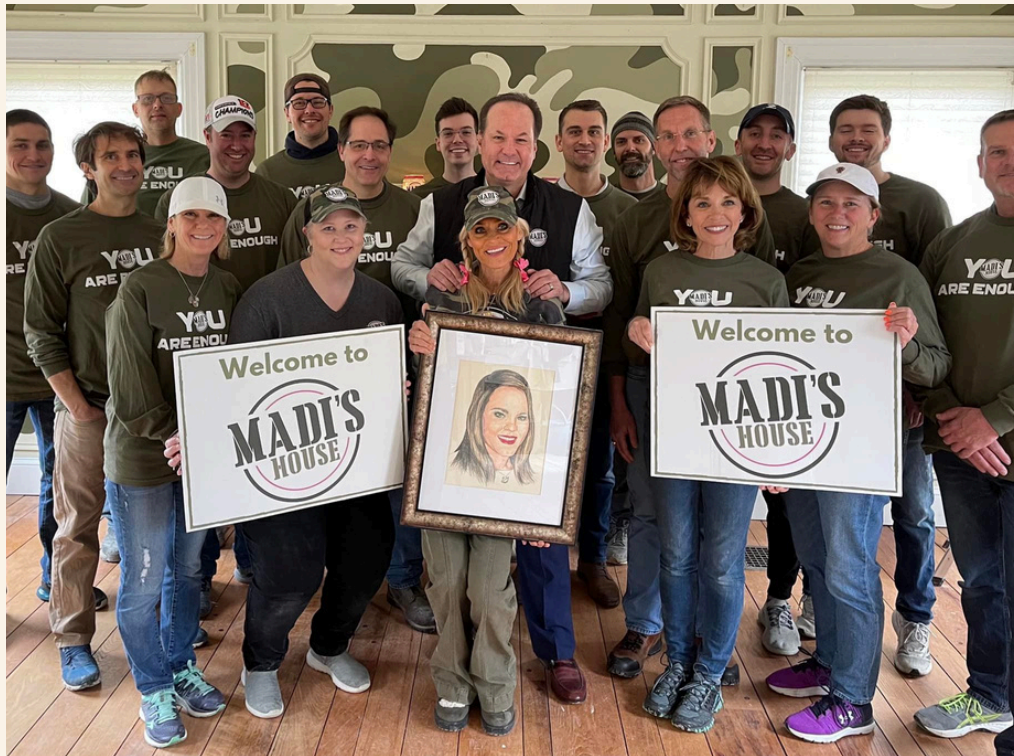




# MADI'S SHOPPE



# MADI'S HELPING HANDS



**OVER 75 FUNDRAISING VOLUNTEERS**



**OVER 64 HOUSE & PROGRAMMING VOLUNTEERS**



**OVER 113 COMMUNITY PARTNERS**



# BY THE NUMBERS...

Who is coming to Madi's House?

**2,679**

Total members

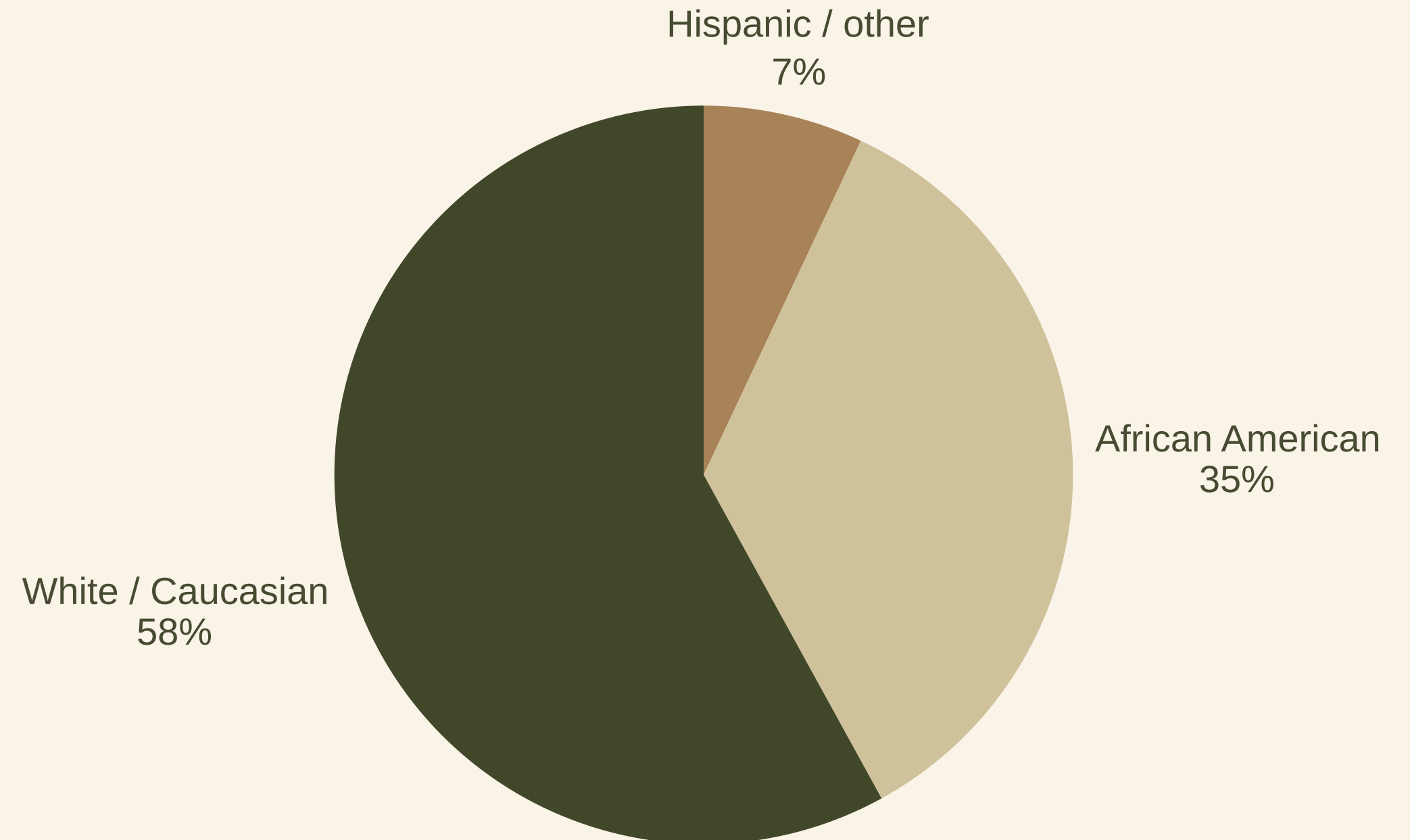
**53%**

Visits are for Sober Support

**47%**

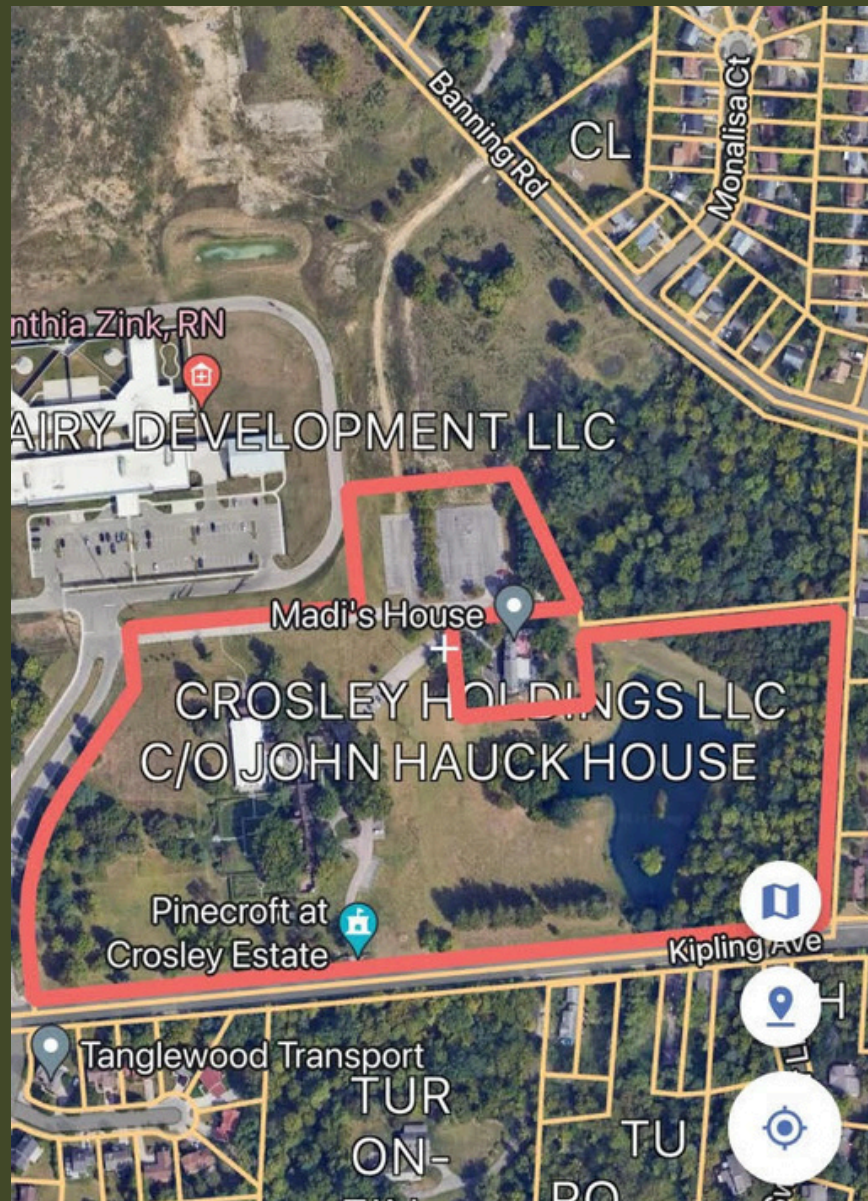
Visits are for Programming

Ethnicity of Members That are Visiting Us





# THE FUTURE OF MADI'S HOUSE



- ▶▶ **WELLNESS & FITNESS CENTER**
- ▶▶ **HELP US EXPAND MADI'S HOUSE FOR YOUTH MENTAL HEALTH**





THANK YOU







Ashley Gray, Community Program Manager  
Kelly Barry, Senior Program Manager, Corporate



Prevent suicide by  
erasing the stigma  
of mental illness and  
promoting mental  
wellness.

Stop the Stigma. Start the Conversation. 1N5

# Statistics

**1 in 4 adults**  
or 59.3 million  
live with  
mental illness

**2nd**  
leading cause of  
death in young  
people ages 10-24

**400%**  
increase in suicidal  
ideation for individuals  
experiencing  
burnout

**11 years**  
the average length  
of time for a person  
living with a mental  
health condition to  
begin treatment

Sources: American Association of Pediatrics, SAMHSA (2022) and  
CDC Centers for Disease Control and Prevention (2019)

Stop the Stigma. Start the Conversation. **1N5**



# Suicide in America

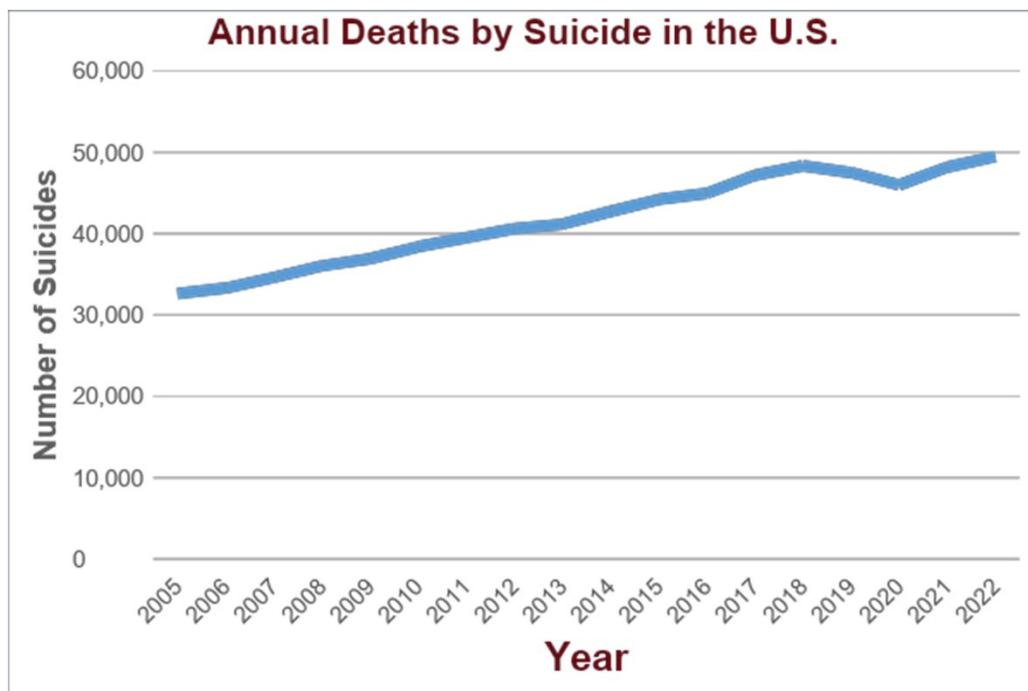
---

STATISTICS AND PREVALENCE  
(2022)





## Increasing Rates (2022)



Suicides in the U.S. have increased significantly **over the past 20 years.**

32,439  
2004

49,476  
2022

# Statistics

**80%**

**Males**  
make up  
**80%** of  
suicides

**1.5-2X**

**Women**  
are **1.5-2x**  
**more** likely  
to **attempt**  
suicide

**75+**

**75+ age**  
group has  
the **highest**  
**rate** of  
suicide

**HIGHEST**

**American**  
**Indian/Alaskan**  
**Natives** have  
the **highest**  
**rate** of suicide  
in any  
**race/ethnicity**

**3X**

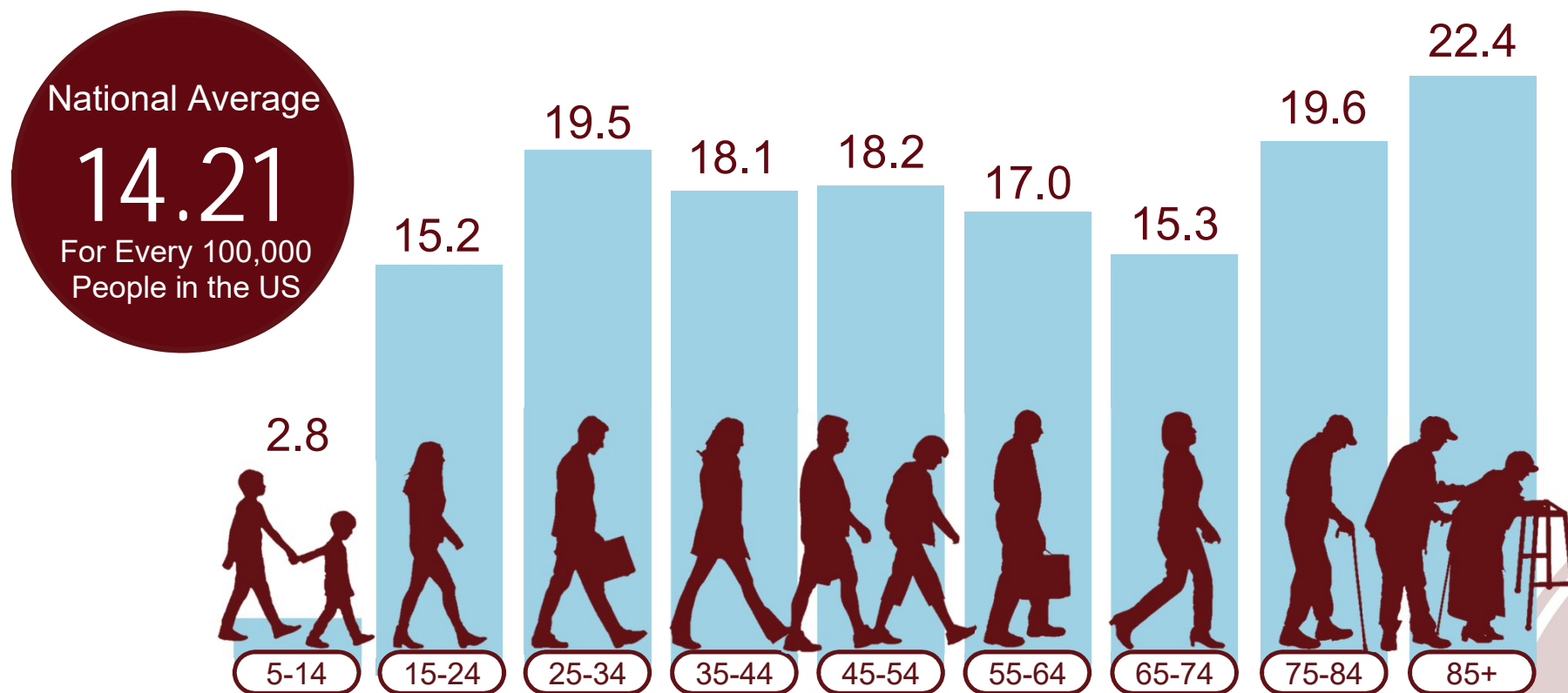
**Adults with**  
**disabilities**  
were **3X more**  
likely to report  
**suicidal**  
**ideations**

**3 IN 5**

Suicides  
make up  
**3 in every 5**  
**gun deaths**  
in the US

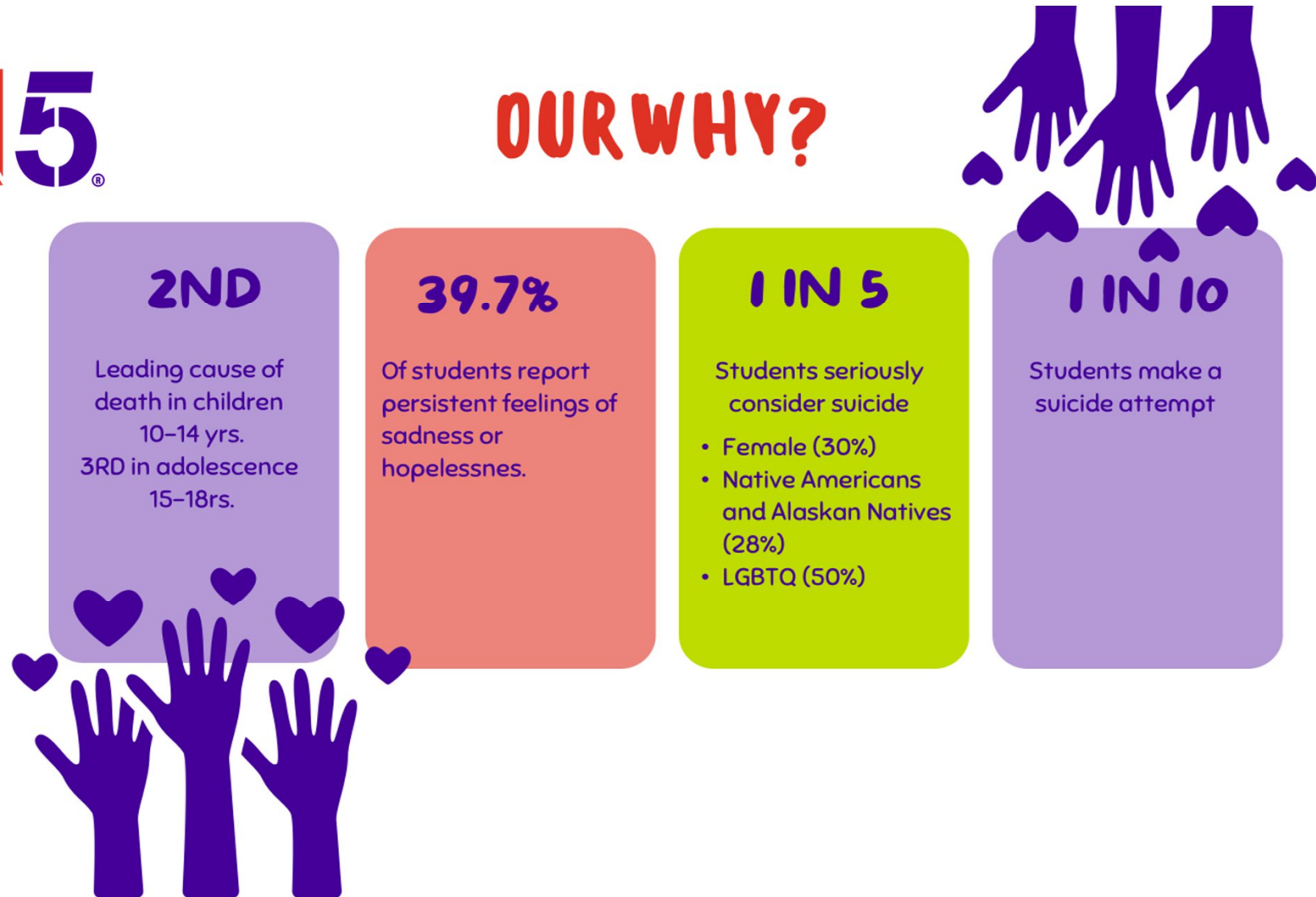


## Rates According to Age Groups (2022)





## OUR WHY?



Centers for Disease Control and Prevention. (2024). Youth Risk Behavior Survey Data Summary & Trends Report: 2013–2023. U.S. Department of Health and Human Services.

Stop the Stigma. Start the Conversation. 1N5



## OUR WHY?



### 166%

- Increase in emergency room visits for suicide attempts and self-injury. 5–18 years, 2016–2022



### DISPARITIES

- Rates rising fastest in Black males students.
- Black students under 13 twice as likely.
- Native Americans and Alaskan Natives rate

### HELP SEEKING

80% of male youth who died interacted with healthcare in previous 12 mths.

### POSSIBLE CAUSES

- Social media
- Increase access to means e.g. fentanyl, firearms
- Inadequate behavioral healthcare

American Academy of Pediatrics. (2023). Suicide and Suicide Risk in Adolescents. Pediatrics, 153(1), e2023064800.; Children's Hospital Association. (2023, April 21). The latest pediatric mental health

**Stop** the Stigma. **Start** the Conversation. **1N5**

# >> Cincinnati Statistics

**988** SUICIDE & CRISIS  
**LIFELINE**

## By SNA Neighborhood:

SNA_NEIGHBORHOOD	
WESTWOOD	5
CORRYVILLE	4
AVONDALE	2
DOWNTOWN	2
MADISONVILLE	2
WEST END	2
WEST PRICE HILL	2
BOND HILL	1
COLLEGE HILL	1
CUF	1
EAST PRICE HILL	1
OVER-THE-RHINE	1
PLEASANT RIDGE	1
ROSELAWN	1
SOUTH CUMMINSVILLE	1
WALNUT HILLS	1

## By SNA Neighborhood:

SNA_NEIGHBORHOOD	
WESTWOOD	9
AVONDALE	4
ROSELAWN	4
HYDE PARK	3
LOWER PRICE	3
HILL_QUEENSGATE	3
MT. WASHINGTON	3
WEST PRICE HILL	3
COLLEGE HILL	2
CUF	2
EAST PRICE HILL	2
OVER-THE-RHINE	2
WINTON HILLS	2
CARTHAGE	1
DOWNTOWN	1
EVANSTON	1
MADISONVILLE	1
MT. AIRY	1
NORTH FAIRMOUNT	1
NORTHSIDE	1
ROLL HILL	1
SOUTH CUMMINSVILLE	1

Source: Cincinnati Statistical Neighborhood Approximations, Cincinnati Fire Incidents(CAD) (Including EMS: ALS/BLS) 2025

Stop the Stigma. Start the Conversation. **1N5**



## >> Why QPR Matters for Community Members

**988** SUICIDE & CRISIS  
**LIFELINE**

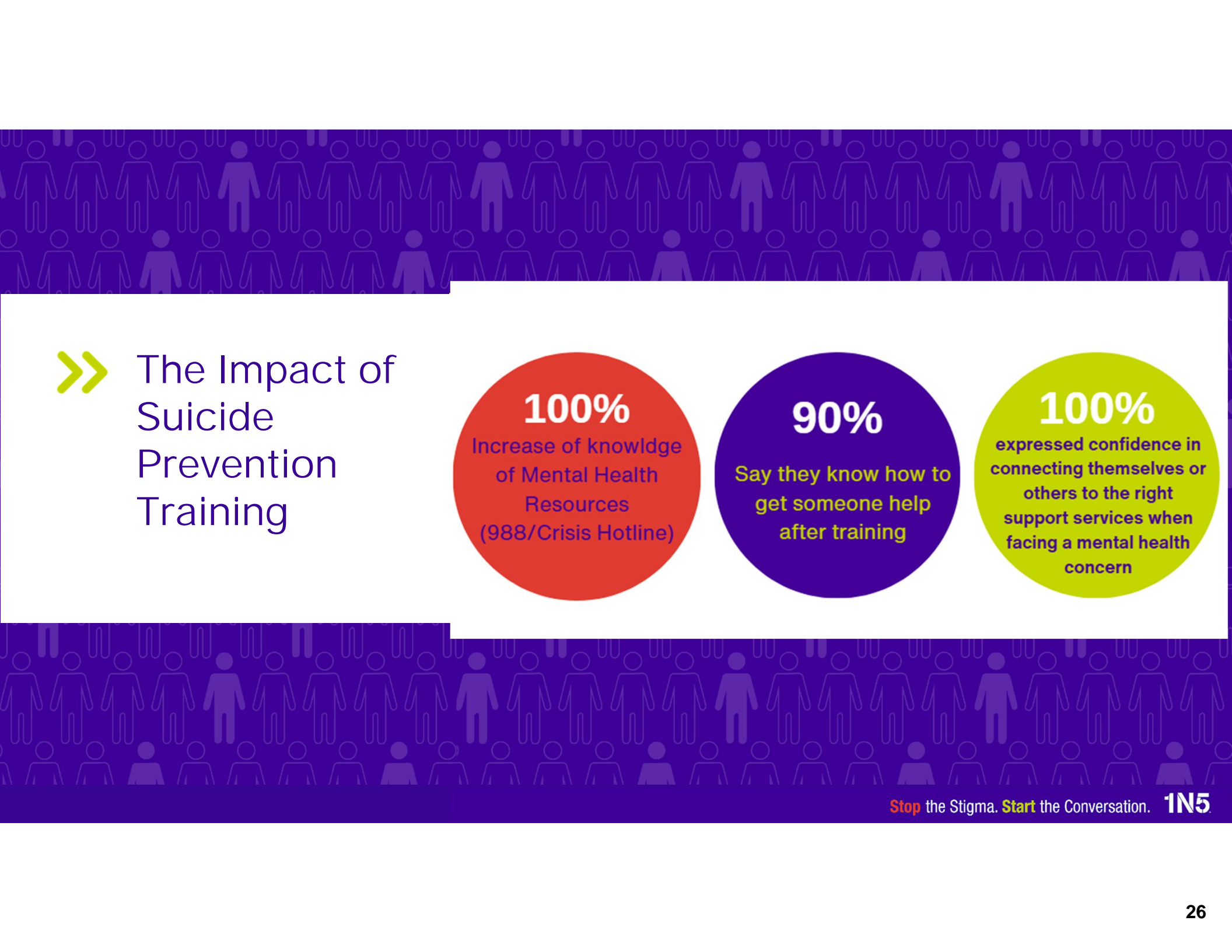
- You become a stigma-breaker.

When you speak openly and respond skillfully, you help normalize mental health conversations in your communities.

- You don't need to have all the answers.

QPR empowers you to be a connector, not a clinician - giving you a clear, practical process for supporting humans and guiding them toward help.





## >> The Impact of Suicide Prevention Training

**100%**

Increase of knowledge  
of Mental Health  
Resources  
(988/Crisis Hotline)

**90%**

Say they know how to  
get someone help  
after training

**100%**

expressed confidence in  
connecting themselves or  
others to the right  
support services when  
facing a mental health  
concern

Stop the Stigma. Start the Conversation. **1N5**



# >> Community Impact


In 2024 we provided educational experiences to over 2,000 community members across SW Ohio/NKY



Stop the Stigma. Start the Conversation. **1N5**

# Numbers of Those Impacted By and Exposed to Suicide



 = 10,000 persons

For every person who dies by suicide, there is an increase of nearly 49,000+ in child survivors when a parent dies by suicide.

depression on the part of survivors. Survivors suffer a major loss of family.

Source: Cerel, J., Marshall, D., & Marshall, D. (2014). The impact of "survivorship": Definitional issues in the aftermath of suicide. *Suicide and Life-Threatening Behavior*, 44(6), 591-600.



# Finding & Accessing Resources

**MindPeace**

HOME LEARN **RESOURCES**

**Crisis & Emergency Services**

Support – Coronavirus

Mental Health Toolkit

SEL Programs

Resources for Parents

Resources for Faculty

Resources for Students

Peer-to-Peer Programs

Self-Care

Find a Provider

Educational Resources

**1N5.org**

**988 SUICIDE & CRISIS LIFELINE**

DOWNLOAD NOW ON THE APP STORE!

DOWNLOAD NOW ON THE PLAY STORE!

**International Association for Suicide Prevention**

**In Crisis? Text HELLO to 741741**

CRISIS TEXT LINE | Free, 24/7, Confidential

**Cincinnati Children's**

**Befrienders Worldwide**  
Global Suicide Prevention

**1N5 REACH OUT**

Help A Friend

Help Resources

Suicide Warning Signs

Risk Factors

How Can I Help

Videos

Tools for Coping

1N5 Blog

1N5 of Us Podcast

**Man Therapy**

Working aged men (25-54 years old) account for the largest number of suicide deaths in the U.S.

mantherapy.org

Psychiatric Intake Response Center (PIRC)  
513-636-4124 •  
psychiatryresponse@cchmc.org



# Healing Requires More Than Counseling

A look into the work of GRO Community

Presented by Jordan Johnson





## Mission

Molding boys and healing broken men.

## Vision

Boys become self-sufficient men, and broken men become change agents within their communities.

## Priorities

- ✓ Decreasing gun violence within communities of color.
- ✓ Provide high-quality mental health services.
- ✓ Equipping boys and men in high-risk communities with wrap-around services.
- ✓ Creating change with a self-sufficient model and funding stream.





# Why We Do this Work

- 1 Black and Brown boys and men face higher rates of trauma, violence, and incarceration.
- 2 Access to culturally competent mental health care is limited.
- 3 Too many cycles of poverty, pain, and incarceration go unbroken.
- 4 Families and communities carry the burden of untreated trauma
- 5 GRO exists to provide healing, opportunity, and lasting change



# Who we serve

GRO has a demonstrated history of working with high-risk males including but not limited to those impacted by the criminal justice system.



Clients Served

244

African American Males



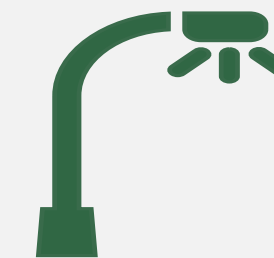
93%

Teenagers (13-17)



56%

## Juvenile Probation Offenses





# Our Approach

- Trauma-informed, culturally grounded care
- Mental Health is Whole Health
- Integrated model:
  - Counseling
  - Psychiatric services
  - Mentorship (school and home based)
  - Reentry programs







# Core Programs

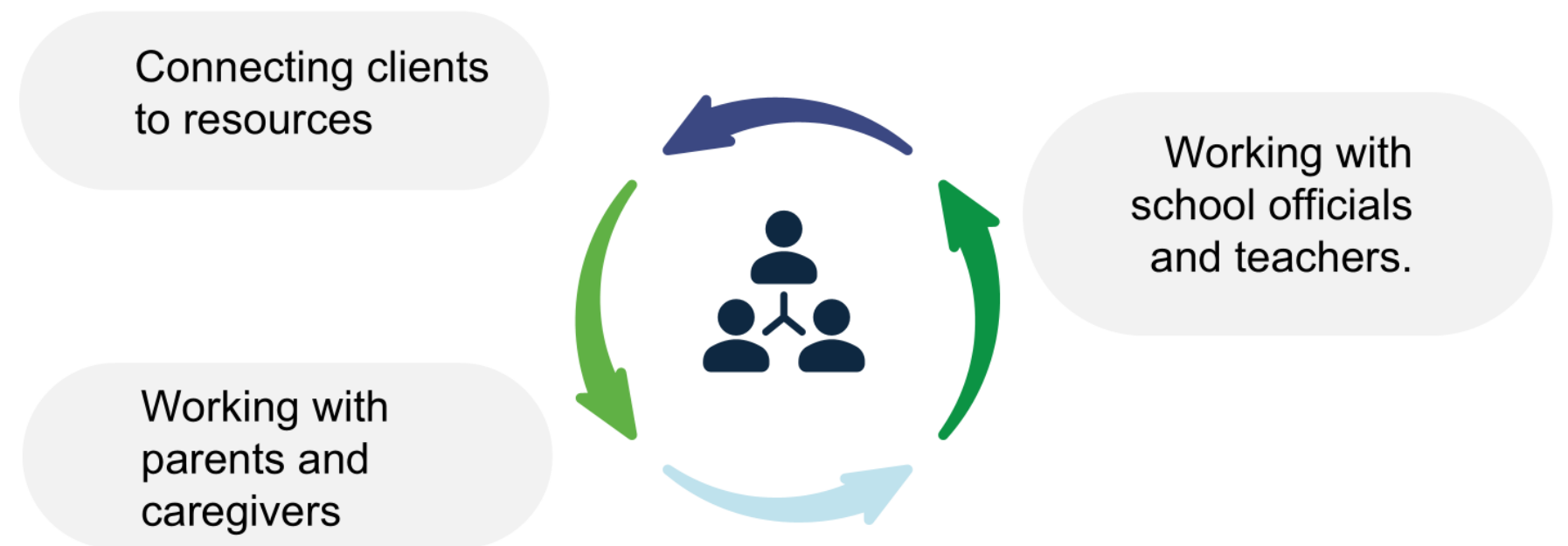
- Clinical Services
- Community Support
- Youth Mentorship (school and community-based programs)
- IHBT (Counseling model for mothers and their sons)
- Psychiatric services starting soon, lead by African American female psychiatrist





# Community Mental Health Services

- Accessible, culturally responsive counseling and support
- Focus on prevention, early intervention, and long-term wellness
- Connects individuals and families to essential resources







# Intensive Home-Based Treatment (IHBT)

- In-home, family-centered therapy model.
- Designed for youth with serious emotional or behavioral needs.
- Strengthens families and supporting mothers and the son.



## Psychiatric Services

- Comprehensive psychiatric evaluations and medication management
- Integrated with therapy and case management
- Supports stabilization, symptom reduction, and improved quality of life





# Our impact

- **Oppositional Behavior:** Big shifts in cooperation (↓64)
- **Hyperactivity:** Calmer, more manageable energy (↓43)
- **PTSD:** Fewer trauma symptoms (↓33)
- **Impulsivity:** Better self-control and decision-making (↓32)
- **Attention:** More focus in daily life (↓13)
- **Depression & Anxiety:** Reduced emotional burden (↓19)

## Oppositional behaviors



**–64 points**

From 94 → 30  
(Sample size: 2)

## Hyperactivity



**–43 points**

From 50 → 7  
(Sample size: 8)

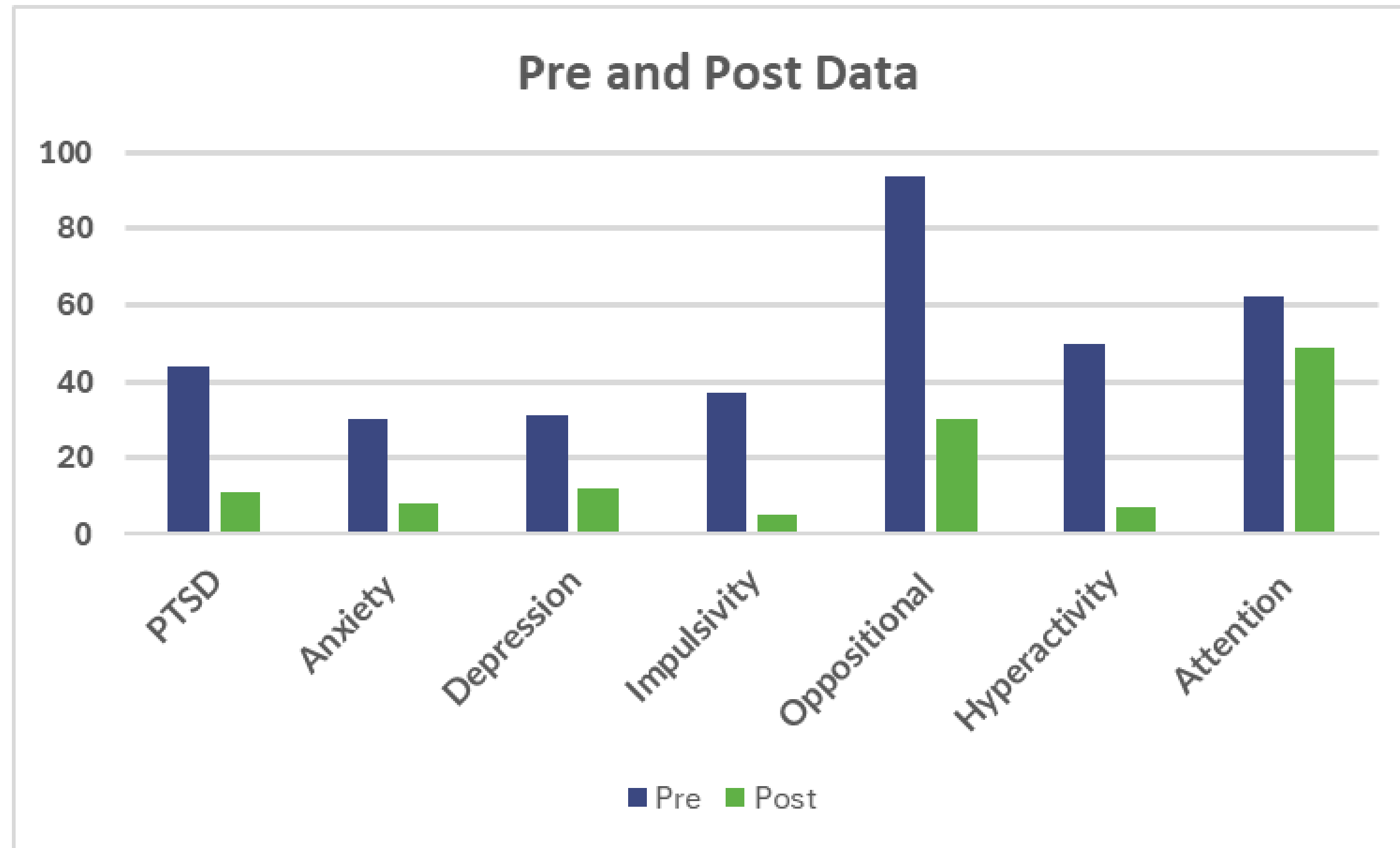
## PTSD



**–33 points**

From 44 → 11  
(Sample size: 11)

# Our impact







## Why This Matters

Mental health, safety, and community well-being are deeply connected.

Supporting Black boys and men through GRO's programs reduces strain on hospitals, justice systems, and social services.

Investing in GRO's model creates stronger families, safer neighborhoods, and long-term economic and social benefits for the entire city.





# Thank you!

Jordan Johnson  
Ohio Program Manager  
[jjohnson@grocommunity.org](mailto:jjohnson@grocommunity.org)

For more info, visit [grocommunity.org](http://grocommunity.org).