



Healing Requires More Than Counseling

A look into the work of GRO Community

Presented by Jordan Johnson



Mission

Molding boys and healing broken men.

Vision

Boys become self-sufficient men, and broken men become change agents within their communities.

Priorities

- ✓ Decreasing gun violence within communities of color.
- ✓ Provide high-quality mental health services.
- ✓ Equipping boys and men in high-risk communities with wrap-around services.
- ✓ Creating change with a self-sufficient model and funding stream.



Why We Do this Work

- 1 Black and Brown boys and men face higher rates of trauma, violence, and incarceration.
- 2 Access to culturally competent mental health care is limited.
- 3 Too many cycles of poverty, pain, and incarceration go unbroken.
- 4 Families and communities carry the burden of untreated trauma
- 5 GRO exists to provide healing, opportunity, and lasting change

Who we serve

GRO has a demonstrated history of working with high-risk males including but not limited to those impacted by the criminal justice system.



Clients Served

244

African American Males



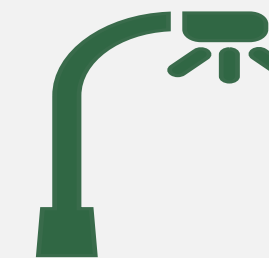
93%

Teenagers (13-17)



56%

Juvenile Probation Offenses





Our Approach

- Trauma-informed, culturally grounded care
- Mental Health is Whole Health
- Integrated model:
 - Counseling
 - Psychiatric services
 - Mentorship (school and home based)
 - Reentry programs





Core Programs

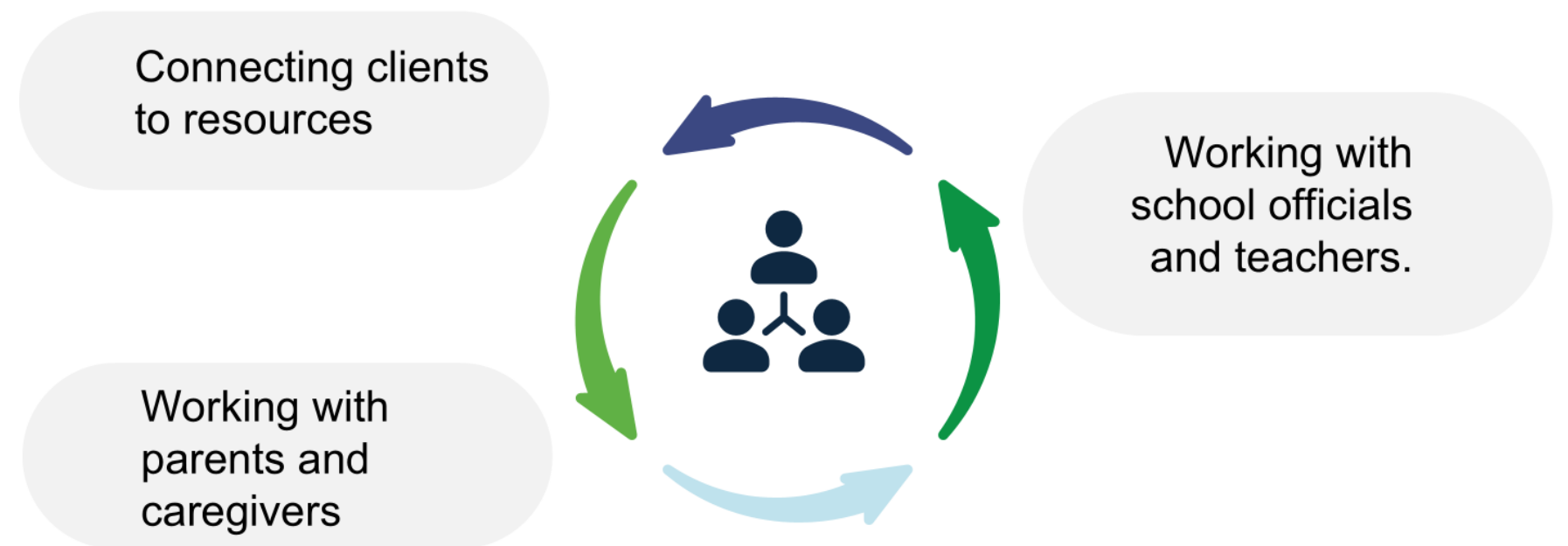
- Clinical Services
- Community Support
- Youth Mentorship (school and community-based programs)
- IHBT (Counseling model for mothers and their sons)
- Psychiatric services starting soon, lead by African American female psychiatrist





Community Mental Health Services

- Accessible, culturally responsive counseling and support
- Focus on prevention, early intervention, and long-term wellness
- Connects individuals and families to essential resources





Intensive Home-Based Treatment (IHBT)

- In-home, family-centered therapy model.
- Designed for youth with serious emotional or behavioral needs.
- Strengthens families and supporting mothers and the son.





Psychiatric Services

- Comprehensive psychiatric evaluations and medication management
- Integrated with therapy and case management
- Supports stabilization, symptom reduction, and improved quality of life



Our impact

- **Oppositional Behavior:** Big shifts in cooperation (↓64)
- **Hyperactivity:** Calmer, more manageable energy (↓43)
- **PTSD:** Fewer trauma symptoms (↓33)
- **Impulsivity:** Better self-control and decision-making (↓32)
- **Attention:** More focus in daily life (↓13)
- **Depression & Anxiety:** Reduced emotional burden (↓19)

Oppositional behaviors



–64 points

From 94 → 30
(Sample size: 2)

Hyperactivity



–43 points

From 50 → 7
(Sample size: 8)

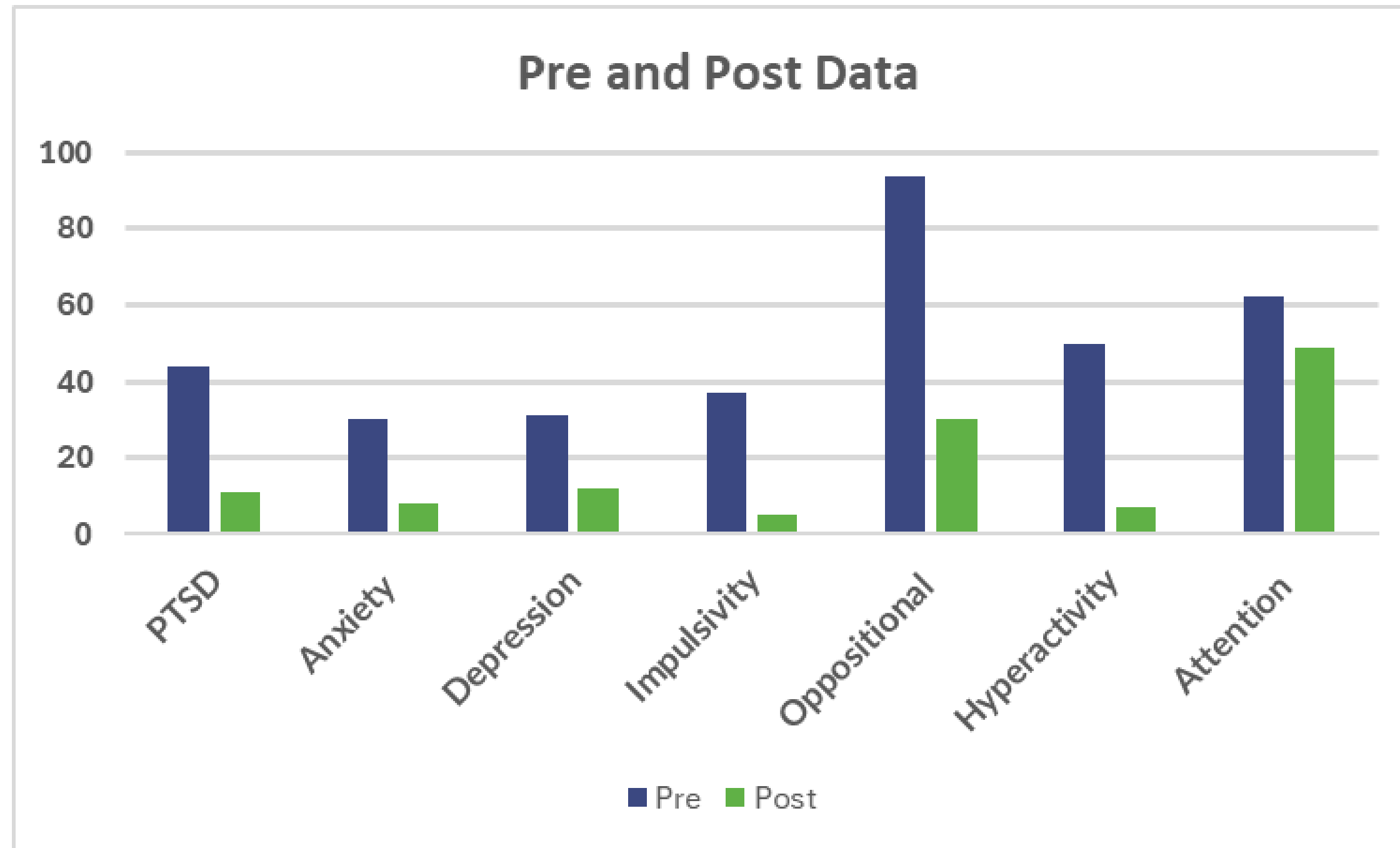
PTSD



–33 points

From 44 → 11
(Sample size: 11)

Our impact





Why This Matters

Mental health, safety, and community well-being are deeply connected.

Supporting Black boys and men through GRO's programs reduces strain on hospitals, justice systems, and social services.

Investing in GRO's model creates stronger families, safer neighborhoods, and long-term economic and social benefits for the entire city.





Thank you!

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For more info, visit grocommunity.org.