

Shannon D. Nixson MA, LPC



Professional Summary

Experienced Licensed Professional Counselor and Certified Trauma Informed Trainer with a demonstrated history of working in the social services and behavioral health industry. Possesses a strong capacity to address individual needs, provide crisis intervention and assist with removing barriers to success. Highly experienced in motivational interviewing, dialectic behavior therapy and providing solution focused interventions. Skilled in launching startup programs, demo projects, strategic planning, creating partnerships and team building.

Professional Experiences

Licensed Assessment Clinician

Hamilton County Juvenile Court

April 2022- Present

- Administer diagnostic assessments and psychological testing to youth adjudicated in Court system.
- Conduct attainment and competency classes, while evaluating youth's readiness to stand trial.
- Generate and formulate reports and testing results to court staff, including Judges, Magistrates, Probation, and Attorney's Offices.
- Render crisis intervention, including suicide intervention, to youth detained in facility.

Youth Advocate/Therapist

St. Joseph Orphanage

February 2020- April 2022

- Provided dialectical (DBT) and community-based interventions to preserve quality of youth and family relationships.
- Collaborated and maintains close relationships with contract providers other community partners.
- Facilitated care and coordinates services for youth in My First Place independent living program, for youth aging out of foster care.
- Taught skill building techniques that resulted to sustainable housing, post-secondary education and gainful employment.
- Assessed needs and supports growth for healthy lifestyle and healthy living as youth emerge into adulthood.

Service Coordinator

Franciscan Ministries

September 2019-February 2020

- Implemented critical and immediate intervention to women in need of care.
- Partnered with clients and support networks to reduce barriers to treatment and recovery.
- Promoted skill-building and coaching to promote wise decision-making, a healthy lifestyle and healing.
- Engaged with clients to engage formal and informal networks to support long-term recovery and community integration.
- Interacted closely with women to develop individual service plans to help them take incremental steps toward healthier choices.

Central Clinic-Family Access to Integrated Recovery (FAIR)

Behavioral Health Therapist

July 2017-June 2019

- Drove productivity and agency growth by increasing case load each month; currently averages an increase of 11 percent each month.
- Actively maintained a client show rate of 70% or more, with a case load of 80+ clients.

- Administered 3-6 Psychiatric Diagnostic Evaluations/Substance Use Disorder assessments weekly, with provisional diagnosis, diagnosis impressions, and treatment planning.
- Conducted 15-30 Psychotherapy sessions with individual adult clients weekly.
- Provided care coordination and crisis intervention as needed to adult clients.

Central Clinic-Mental Health Access Point (MHAP)

Mental Health Clinician

September 2014-July 2017

- Contracted with Emergency Family Shelters to qualify mental health services to homeless families and connection to community mental health resources.
- Completed 5-10 Psychiatric Diagnostic Evaluations and/or SUD Assessments weekly.
- Rendered provisional diagnosis, treatment recommendation(s), provided care coordination, crisis intervention and community psychiatric supportive treatment (CPST).
- Partnered with other professionals and client's treatment team to drive successful outcomes.

Hamilton County Juvenile Court Intervention Unit

Family Counselor

June 2013-September 2014

- Conducted assessment interviews using Solution Focused Brief Therapy.
- Implemented treatment goals for follow-up session(s) with youth and families.
- Acted as a liaison between the juvenile court system and adjudicated youth.
- Advised on Strategic Planning Committee and developed plans for new programming.

Bethany House Services

Rapid Re-Housing Program, Case Manager

March 2008-August 2014

- Developed effective 12-15-month case plan that moved clients and their families towards self-sufficiency.
- Evaluated family's progress in reaching goals set and tracked process of change.
- Collaborated and coordinate services for families transitioning out of homelessness to housing.
- Incorporated motivational interviewing techniques to promote change and client's growth/development.

Strategies to End Homelessness

Central Access Point, Intake Specialist

March 2008-January 2010

- Evaluated and assessed caller's homeless severity or risk of homelessness.
- Provided professional referrals to community resources.
- Facilitated placement into emergency shelters or homeless prevention programs.

Hamilton County Juvenile Court Intervention Unit

Family Counselor Trainee

August 2007-September 2008

- Practiced Strength Based-Solution Focus counseling with families in crisis.
- Collaborated and consulted with a team of family counselors in bi-weekly team meetings.
- Provided follow-up interventions and detailed reports for families served.

Licensure and Education

Licensed Professional Counselor

February 2011

State of Ohio Counselor, Social Worker, Marriage and Family Therapist Board

Xavier University, Master of Arts

August 2008

Major- Community Mental Health Counseling

Wilmington College, Bachelor of Arts

May 2005

Major-Psychology/Social and Political Studies