



Ashley Gray, Community Program Manager
Kelly Barry, Senior Program Manager, Corporate



Prevent suicide by
erasing the stigma
of mental illness and
promoting mental
wellness.

Statistics

1 in 4 adults
or 59.3 million
live with
mental illness

2nd
leading **cause of**
death in young
people ages 10-24

400%
increase in **suicidal**
ideation for individuals
experiencing
burnout

11 years
the **average length**
of time for a person
living with a mental
health condition to
begin treatment

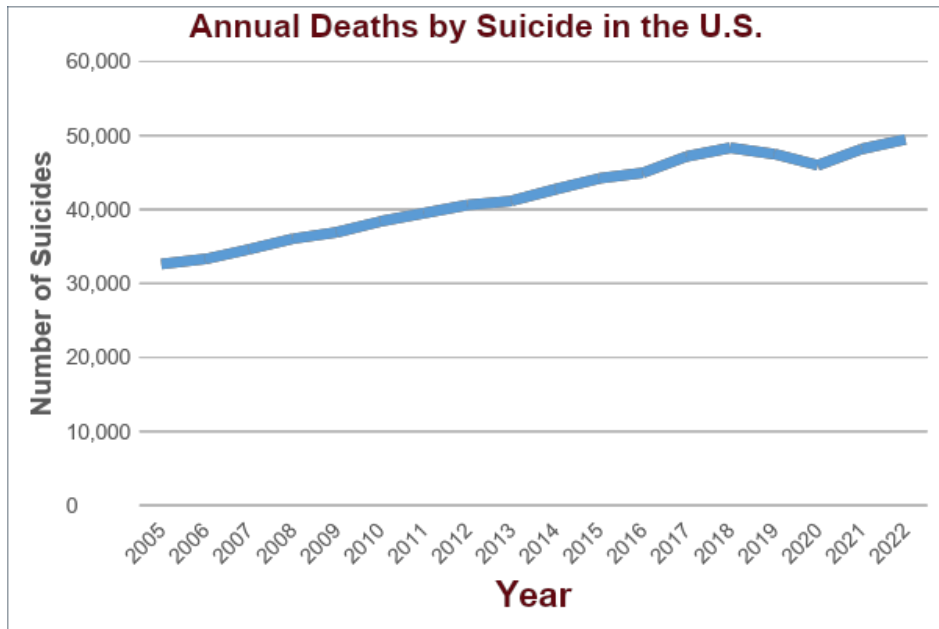
Sources: American Association of Pediatrics, SAMHSA (2022) and
CDC Centers for Disease Control and Prevention (2019)



Suicide in America

STATISTICS AND PREVALENCE
(2022)

Increasing Rates (2022)



Suicides in the U.S. have increased significantly **over the past 20 years.**

32,439
2004

49,476
2022

Statistics

80%

Males
make up
80% of
suicides

1.5-2X

Women
are **1.5-2x**
more likely
to **attempt**
suicide

75+

75+ age
group has
the **highest**
rate of
suicide

HIGHEST

American
Indian/Alaskan
Natives have
the **highest**
rate of suicide
in any
race/ethnicity

3X

Adults with
disabilities
were **3X** more
likely to report
suicidal
ideations

3 IN 5

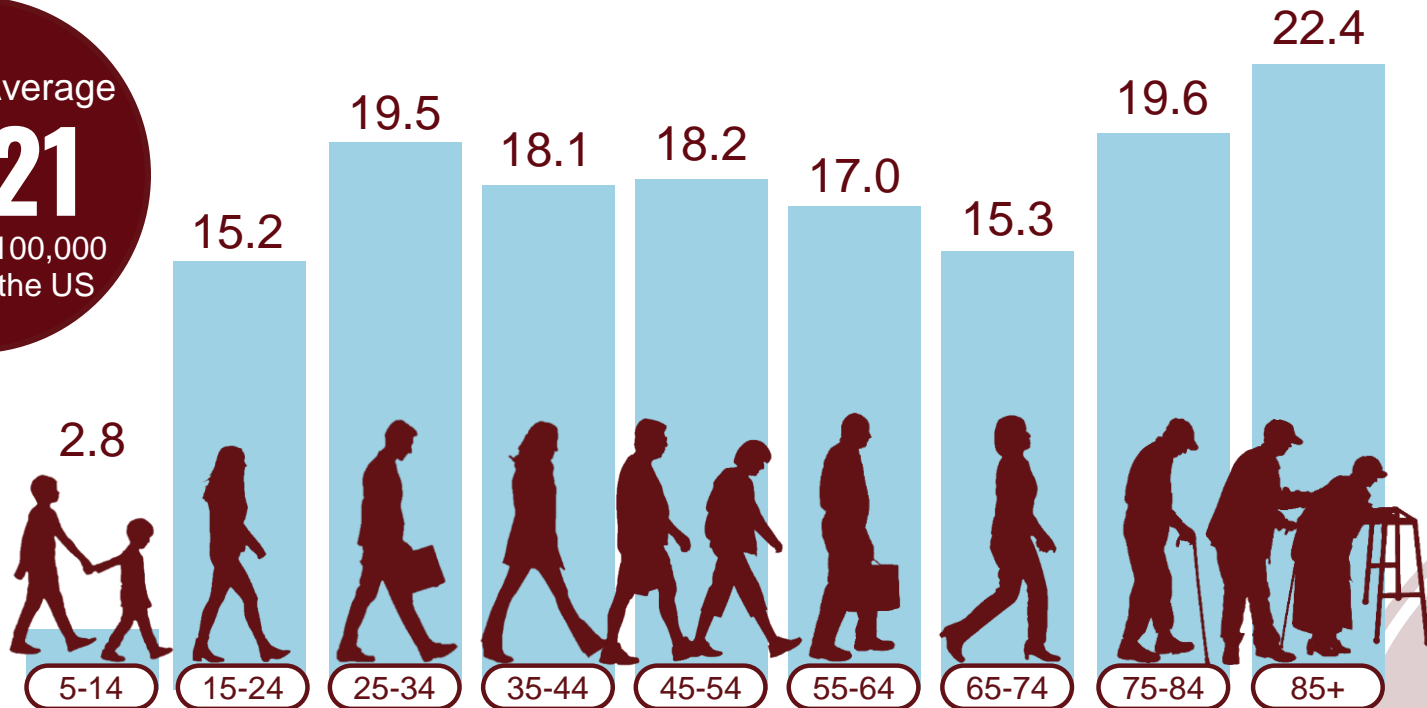
Suicides
make up
3 in every 5
gun deaths
in the US

Rates According to Age Groups (2022)

National Average

14.21

For Every 100,000
People in the US





OUR WHY?



2ND

Leading cause of death in children 10–14 yrs.
3RD in adolescence 15–18rs.



39.7%

Of students report persistent feelings of sadness or hopelessness.

1 IN 5

Students seriously consider suicide

- Female (30%)
- Native Americans and Alaskan Natives (28%)
- LGBTQ (50%)

1 IN 10

Students make a suicide attempt

>> Cincinnati Statistics

988 SUICIDE & CRISIS
LIFELINE

By SNA Neighborhood:

SNA_NEIGHBORHOOD	
WESTWOOD	5
CORRYVILLE	4
AVONDALE	2
DOWNTOWN	2
MADISONVILLE	2
WEST END	2
WEST PRICE HILL	2
BOND HILL	1
COLLEGE HILL	1
CUF	1
EAST PRICE HILL	1
OVER-THE-RHINE	1
PLEASANT RIDGE	1
ROSELAWN	1
SOUTH CUMMINSVILLE	1
WALNUT HILLS	1

By SNA Neighborhood:

SNA_NEIGHBORHOOD	
WESTWOOD	9
AVONDALE	4
ROSELAWN	4
HYDE PARK	3
LOWER PRICE	3
HILL_QUEENSGATE	3
MT. WASHINGTON	3
WEST PRICE HILL	3
COLLEGE HILL	2
CUF	2
EAST PRICE HILL	2
OVER-THE-RHINE	2
WINTON HILLS	2
CARTHAGE	1
DOWNTOWN	1
EVANSTON	1
MADISONVILLE	1
MT. AIRY	1
NORTH FAIRMOUNT	1
NORTHSIDE	1
ROLL HILL	1
SOUTH CUMMINSVILLE	1



Why QPR Matters for Community Members

988 SUICIDE & CRISIS
LIFELINE

- **You become a stigma-breaker.**

When you speak openly and respond skillfully, you help normalize mental health conversations in your communities.

- **You don't need to have all the answers.**

QPR empowers you to be a connector, not a clinician - giving you a clear, practical process for supporting humans and guiding them toward help.



>> Community Impact

In 2024 we provided educational experiences to over 2,000 community members across SW Ohio/NKY



Numbers of Those Impacted By and Exposed to Suicide



 = 10,000
persons

For example, nearly 49,000+
die by suicide each year, and there is a significant increase
in child suicide when a parent dies by suicide.
over ONE MILLION

depression on
the survivors suffer a

Source: Cerel, J., Madsen, J., & Marshall, D. (2014). The experience of "survivorship": Definitional issues in the aftermath of suicide. *Suicide and Life-Threatening Behavior*, 44(6), 591-600.

Finding & Accessing Resources



1N5.org

988
SUICIDE
& CRISIS
LIFELINE



 **International Association
for Suicide Prevention**

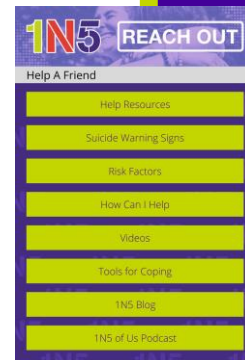
In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE |

Free, 24/7, Confidential

 **Cincinnati
Children's®**


**Befrienders
Worldwide**
Global Suicide Prevention



Man Therapy

Working aged men (25-54 years old)
account for the largest number of
suicide deaths in the U.S.

mantherapy.org

Psychiatric Intake Response Center (PIRC)

513-636-4124 •

psychiatryresponse@cchmc.org