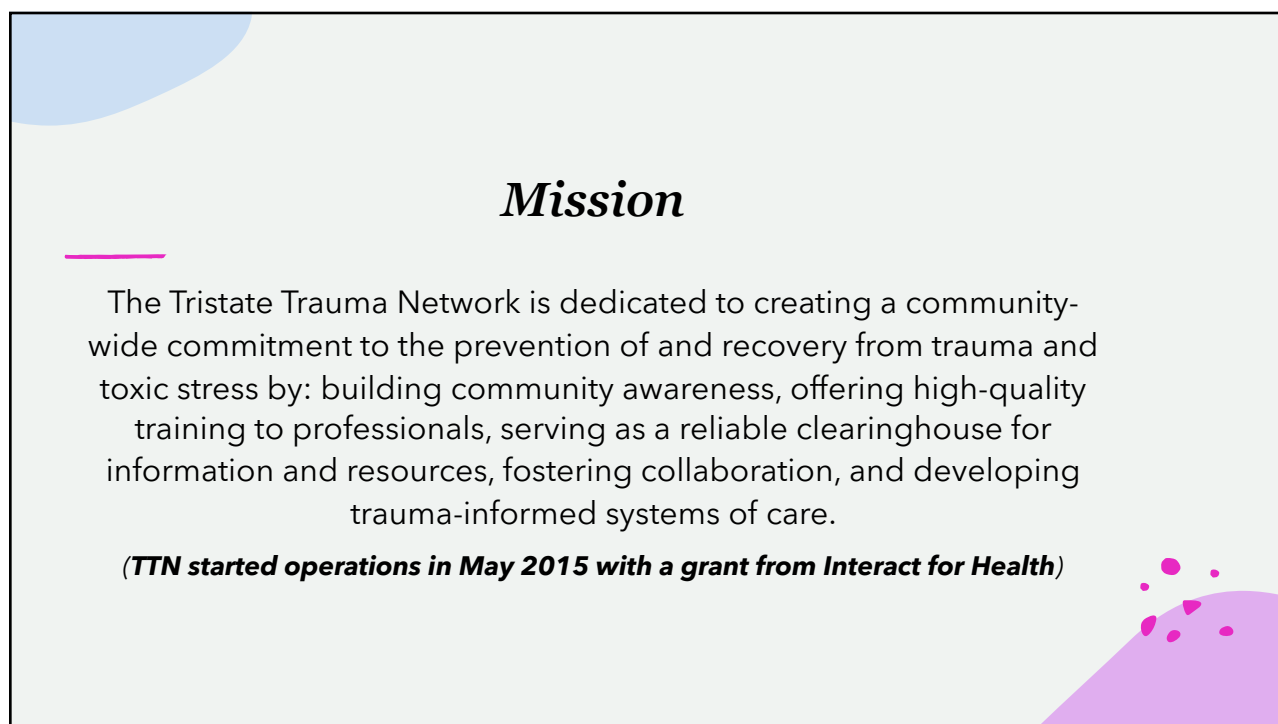


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Where are we now?

June 2022:

- More than **4,500 trained** in trauma and trauma-informed approaches
- Close to **400 professionals certified** in Trauma-Responsive Care
- **32 tristate agencies** have participated in one of our local Trauma-Informed Care Learning Communities in partnership with the National Council for Mental Well-Being
- **More than 200 members** - *Each of our members plays a vital role in creating trauma-informed systems of care and influencing change for future generations so that trauma survivors can not only heal, but thrive.
- **Variety of resources** including our list of Therapists in our network specializing in Trauma Treatment (www.tristatetraumanetwork.org)

3

What is Trauma-Informed Care?

Trauma-informed care is an approach to engaging people that recognizes the potential presence of trauma symptoms and the role that trauma may play in an individual's life.

When an agency becomes trauma-informed, every part of its organization, management, and service delivery system is assessed and potentially modified to include a basic understanding of how trauma affects the lives of individuals.

4

The Four R's

A trauma-informed program, organization, or system:

Realizes

- *Realizes* widespread impact of trauma and understands potential paths for recovery

Recognizes

- *Recognizes* signs and symptoms of trauma in clients, families, staff, and others involved with the system

Responds

- *Responds* by fully integrating knowledge about trauma into policies, procedures, and practices

Resists

- *Seeks to actively Resist* re-traumatization.

Slide
5

5

Our Vision for the Community

All trauma survivors receive the care they need to heal and thrive.

Recognizing, understanding, and treating trauma effectively is not universal in our communities' institutions. Through TTN's services, we see a future where ALL community members possess a greater understanding of how trauma truly impacts lives; and where health, education, legal/justice, and other professionals are better equipped to create environments of safety, recovery, empowerment and healing.

6

Trauma-Responsive Care Certification

- Curriculum developed by **Mary Vicario, LPCC-S, Certified Trauma Specialist & Founder of Finding Hope Consulting, LLC** (www.findinghopeconsulting.com)
- Launched in 2016 as a pilot; will hit **400 certified since 2017** this month!
- **Refined and updated every year** to adapt to: new neuroscience and advancements in the field of trauma treatment, practical learnings, societal challenges such as racial issues and the pandemic, information learned from working with specialized populations
- Program includes **42 hours of training and consultation over approx. 7 months**
- Participants must complete all sessions and pass a **competency test** in order to receive certification

7

Topic Areas Covered in Specialized First Responder TRCC

- Neuroscience of trauma
- Impact of trauma on development
- Biologically based stress & fear responses
- ACEs (Adverse Childhood Experiences) & CATS (Compounding Adverse Toxic Stressors)
- Epigenetics & multi-generational trauma
- Secondary trauma
- Healing power of relationships
- Attachment & the need for connection
- Resilience factors in self & others
- Felt safety
- Self-care for helping professionals
- Trauma-informed culture in the workplace

8

Testimonial – Officer Chantia Miller, CPD

Officer Miller will share her thoughts as a current participant of the TRCC Series. She has completed over half of the courses and consultation.

9

*“When enough webs of the spider join,
they can trap a lion”*

-Ethiopian proverb

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