

Cincinnati Police Wellness Program

Current Status of Wellness Program

The Cincinnati Police Wellness Program is developed using national models for best practices and with consultation of mental health clinicians.

- Full time Wellness Coordinator
- Critical Incident Response
- Proactive intervention
- Cooperative development with front line and FOP
- Shared officer experiences and mental health normalization
- Training
 - State-recognized peer training
 - Grant-funded resilience training
 - Leadership and awareness training
- Regional and multidisciplinary collaboration
- Integration of wellness into operations ongoing
- Recruit mentoring program under development

Available Resources

Critical Incident Stress Management Team

Peer Support Team

Police Clergy

Public Employees Assistance Program

Tabono Mental Health Practice

Vetted clinicians and treatment programs

Non-Profit programs

Cordico Mobile App

Quarterly Newsletter

Long Term Objectives



Holistic Wellness
Programming

Mental, physical, financial, family,
professional development



Healthy hire through retire plan



Data collection and analysis

Questions?

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