



City of Cincinnati

801 Plum Street
Cincinnati, OH 45202

Agenda - Final-revised Healthy Neighborhoods

*Chairperson, Jan-Michele Kearney
Vice Chairperson, Victoria Parks
Councilmember Anna Albi
Councilmember Scotty Johnson*

Tuesday, April 2, 2024

12:30 PM

Council Chambers, Room 300

PRESENTATIONS

Building Equitable & Resilient Neighborhoods

Cincinnati Children's Hospital

Dr. Robert (Bob) Shapiro, M.D., Executive Director of Joining Forces for Children

Healing Cities Initiative

Councilmember Zeke Cohen, Baltimore City Council 1st District

New Beginnings Church of the Living God, Avondale

Bishop Ennis Tait, Senior Pastor and Founder

Center for Community Resilience, George Washington University

Dr. Wendy Ellis, Director

Dr. Daniel Chen, Associate Director of Research

City of Cincinnati

Natasha Hampton, Assistant City Manager

AGENDA

1. [202401006](#) **PRESENTATION**, submitted by Vice Mayor Kearney titled, Building Equitable & Resilient Neighborhoods.
Sponsors: Kearney
Attachments: [Presentation](#)

ADJOURNMENT



Joining Forces for Children

The Mayerson Center for Safe and Healthy Children
Cincinnati Children's Hospital

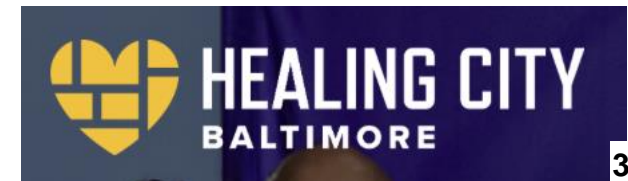


Building Equitable & Resilient Neighborhoods

Healthy Neighborhoods Committee
Cincinnati City Council
April 2, 2024

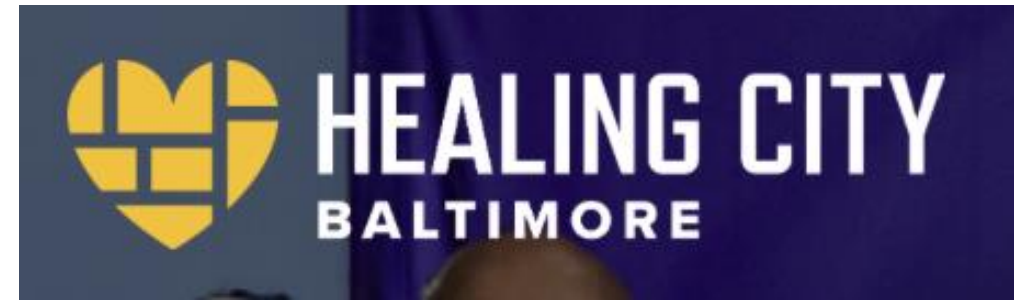


Center for Community Resilience
Milken Institute School of Public Health



Healing City Cincinnati (HCC)

Vision: Transform the City of Cincinnati into a national beacon of healing, community resilience, and racial justice by centering the experiences and interests of trauma exposed children and families in organizational planning, partnerships, and policies.



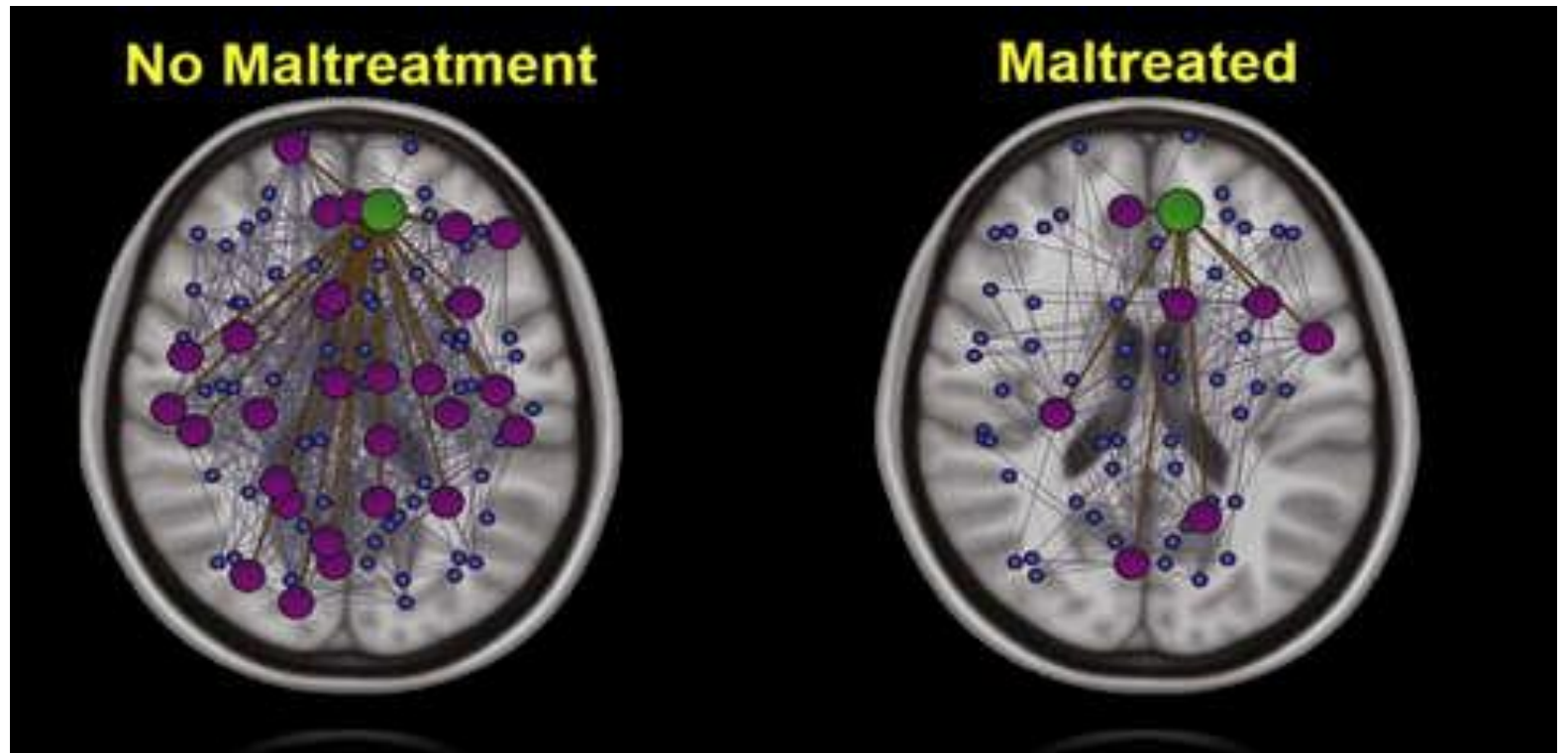
Joining Forces for Children

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Cincinnati Children's Hospital



Center for Community Resilience
Milken Institute School of Public Health

Childhood Trauma changes Biology





Compared to their peers, **students with 3 or more ACEs**



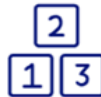
Are 2.5 X more likely to fail a grade



Have language difficulties



Score lower on standardized tests



are designated to **special education** more frequently

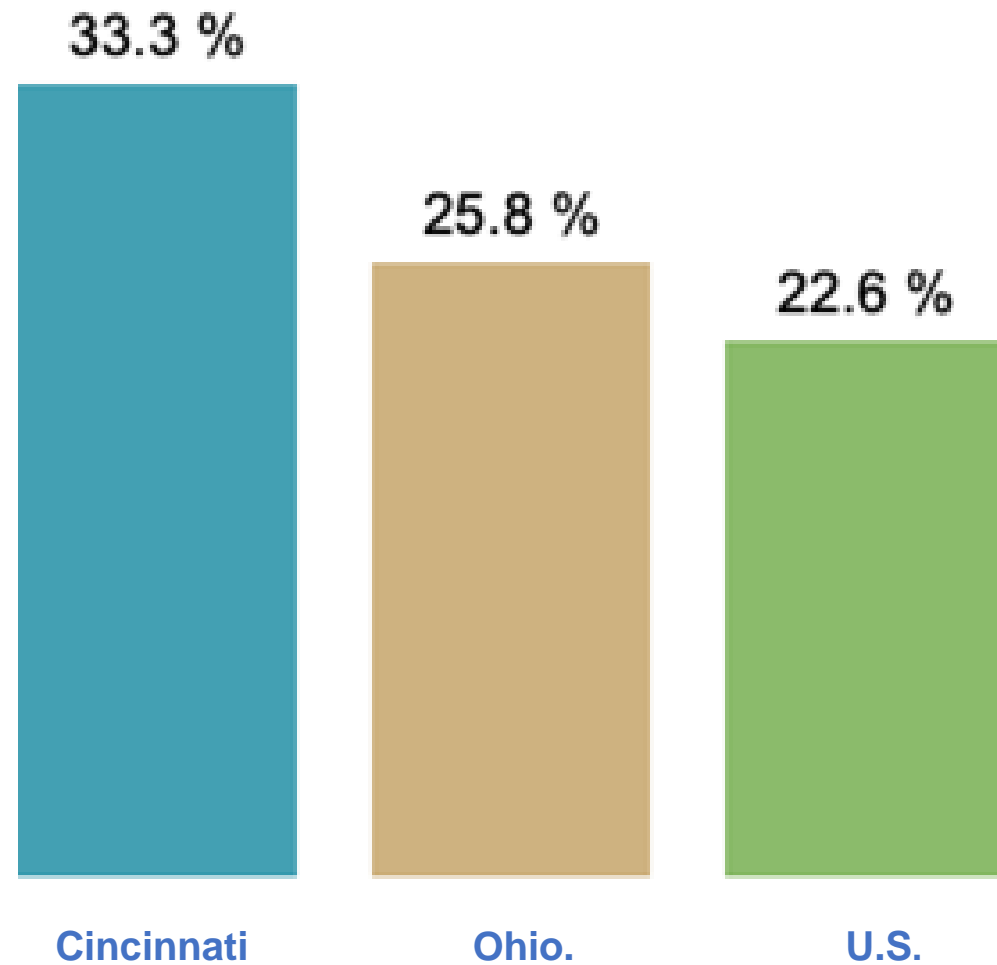


Have poorer health



Are suspended or expelled more from school

Children & youth with 2+ adverse childhood experiences



The Consequences of **Childhood Trauma - Adverse Childhood Experiences** - are Broad



**Behavioral
Health**



**Physical
Health**



**Educational
Attainment**



**Employment
Opportunities**

Some Groups Are More Likely to Have Experienced ACEs

Multiple studies show that people who identified as members of these groups as adults reported experiencing **significantly more ACEs**:



Black,
Hispanic/Latino,
or multiracial people



People who are
unemployed or
unable to work



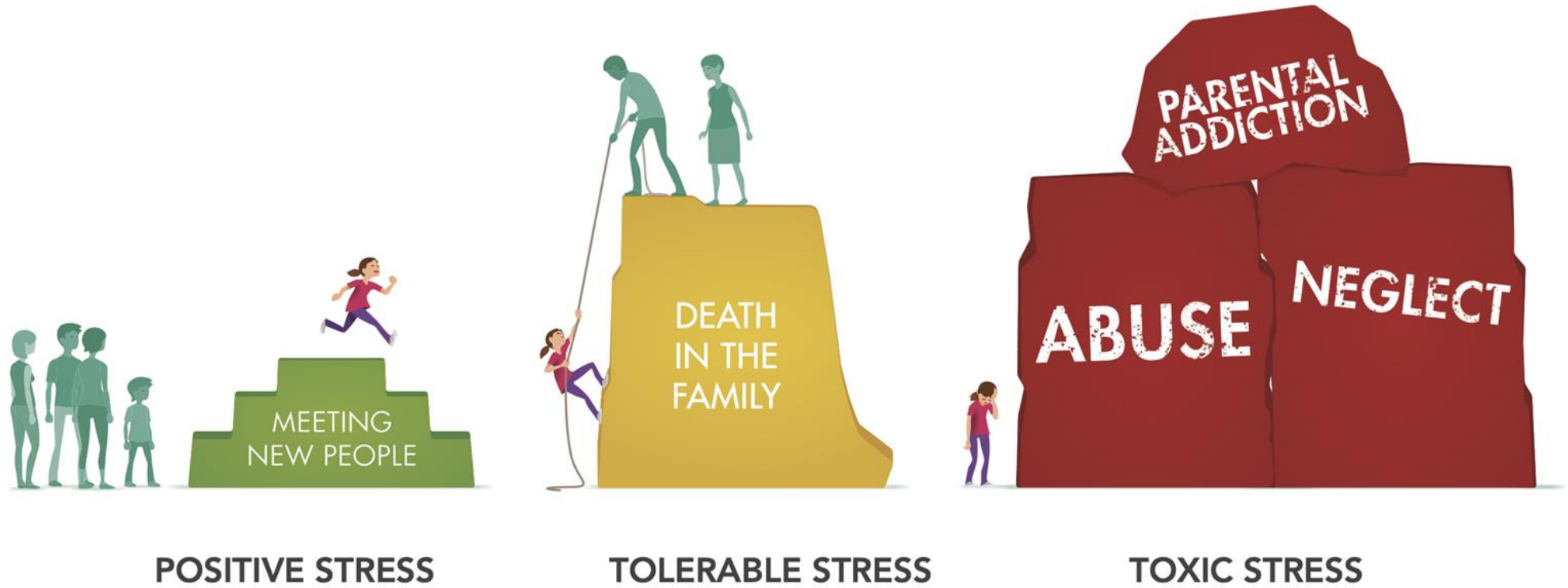
People making
less than \$15,000
per year



People with less
than a high school
education



Lesbian,
gay, bisexual, or
transgender people





BUILDING RESILIENCE

- Community support is essential
- It's easiest to build resilience during childhood and adolescence, but anyone can become more resilient with positive supports
- Supportive relationships and communities can build resilience



We Can Create Positive Childhood Experiences



Strengthen families' financial stability

Paid time off, child tax credits, and flexible and consistent work schedules



Promote social norms that protect against violence

Positive parenting practices and prevention efforts involving men and boys



Help kids have a good start

Early learning programs and affordable preschool and childcare programs



Teach healthy relationship skills

Conflict resolution, negative feeling management, pressure from peers, and healthy non-violent dating relationships



Connect youth with activities and caring adults

School or community mentoring programs and after-school activities

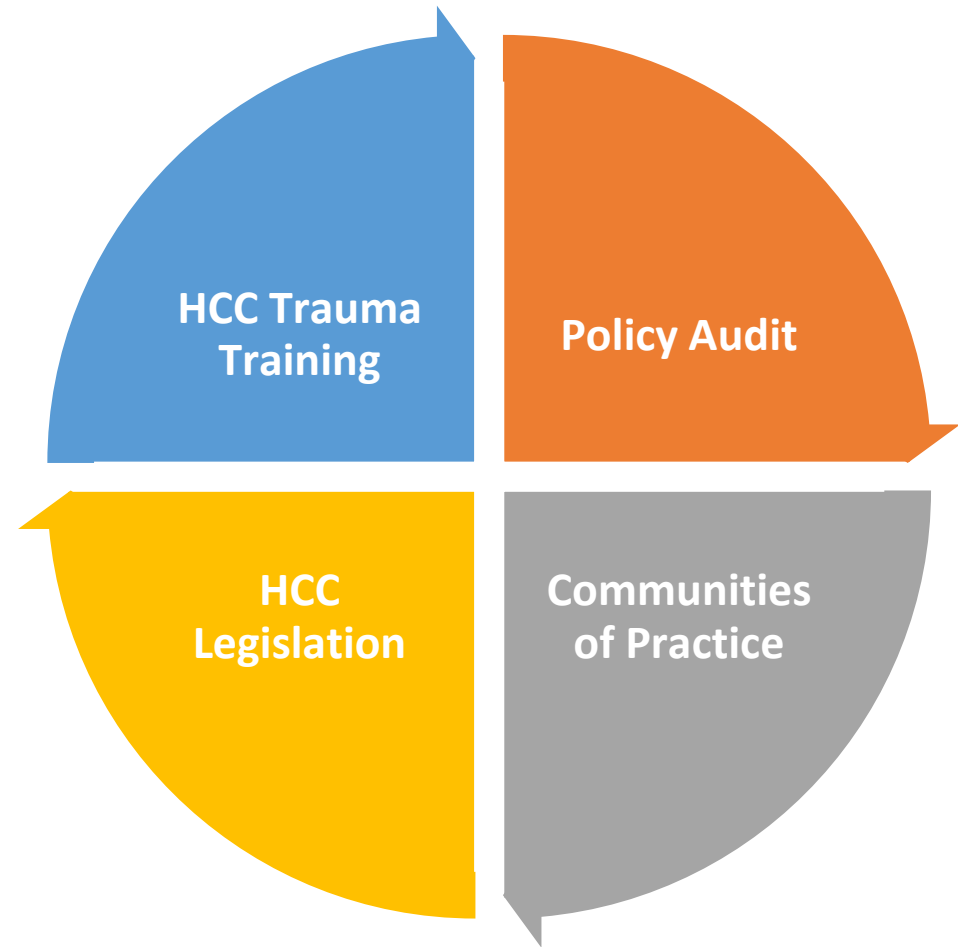


Intervene to lessen immediate and long-term harms

ACEs education, therapy, and family-centered treatment for substance abuse

HCC First Steps Systems

*Goal: Citywide Organizational
Culture and Policy Shift*





Build Trauma-Informed Skills Today

Educators and supportive adults play a critical role in helping children and youth thrive. This free training equips educators and supportive adults with the knowledge and skills to support children and youth who have experienced trauma.

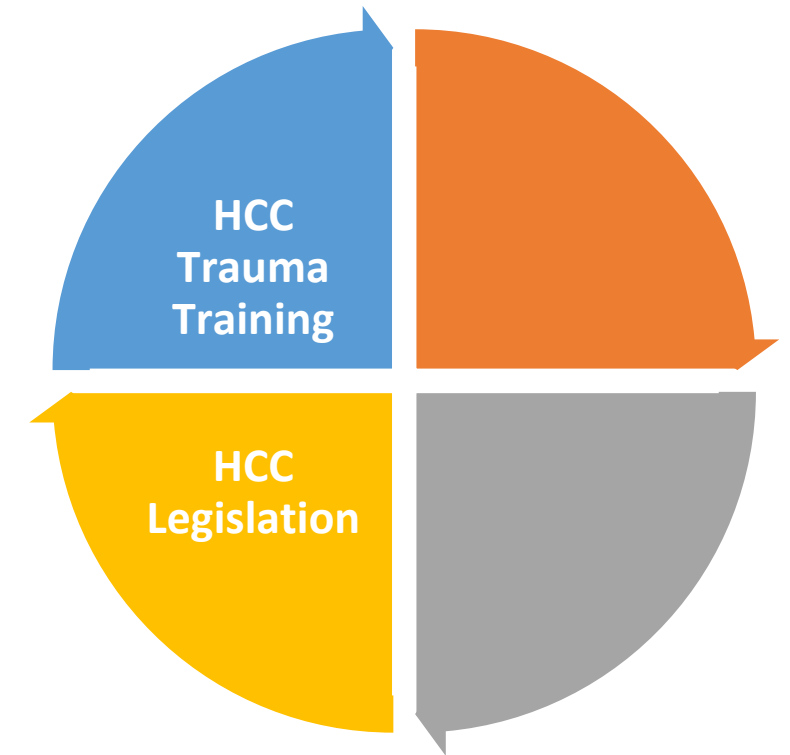
[Get started](#)[Log in](#)[Contact us to enroll a group](#)

HCC
Trauma
Training

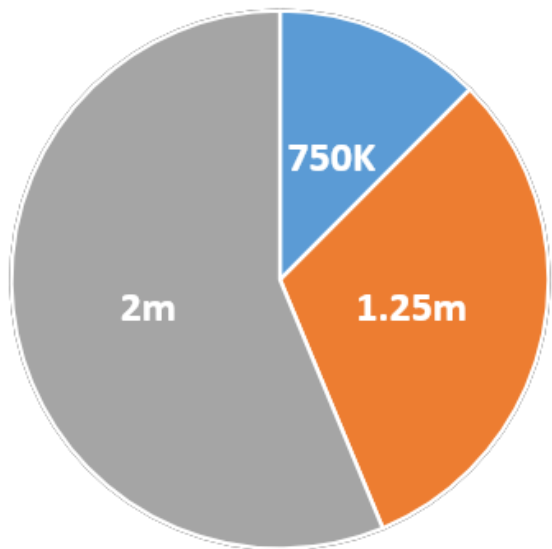
In Baltimore, Healing Trauma Is Now Official Policy



Credit: Healing



HCC Fundraising Goals

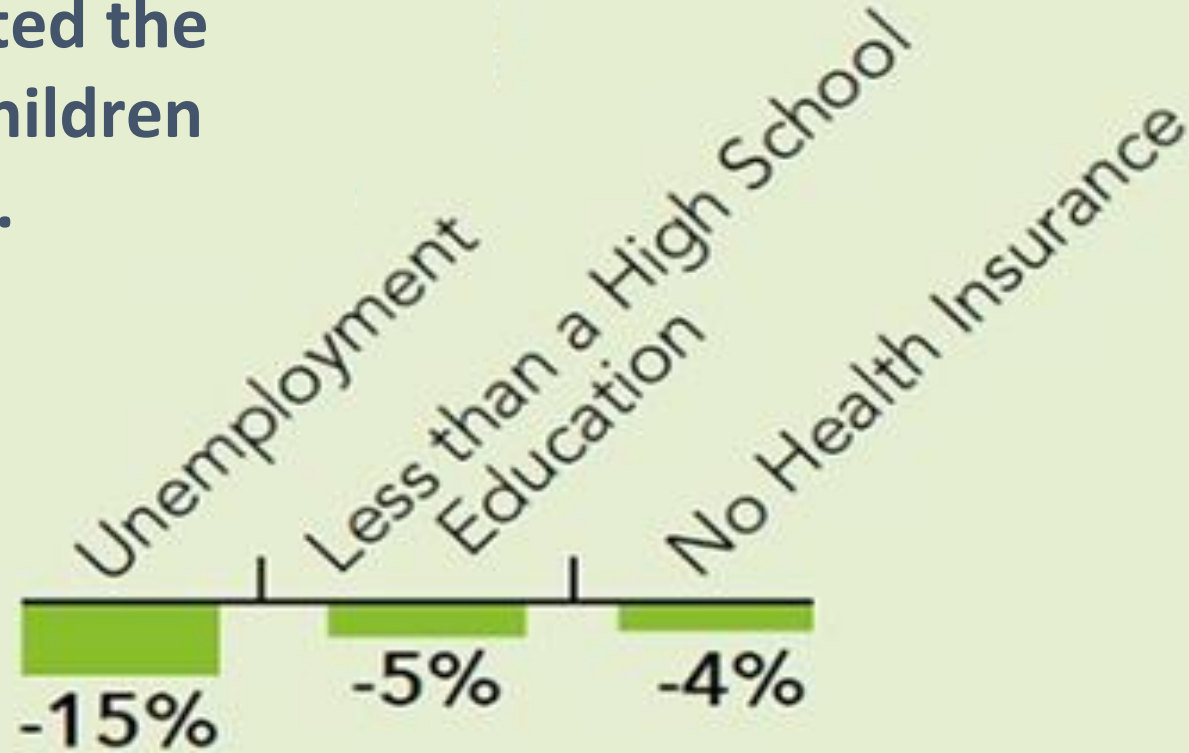


■ Phase 1 ■ Phase 2 ■ Phase 3

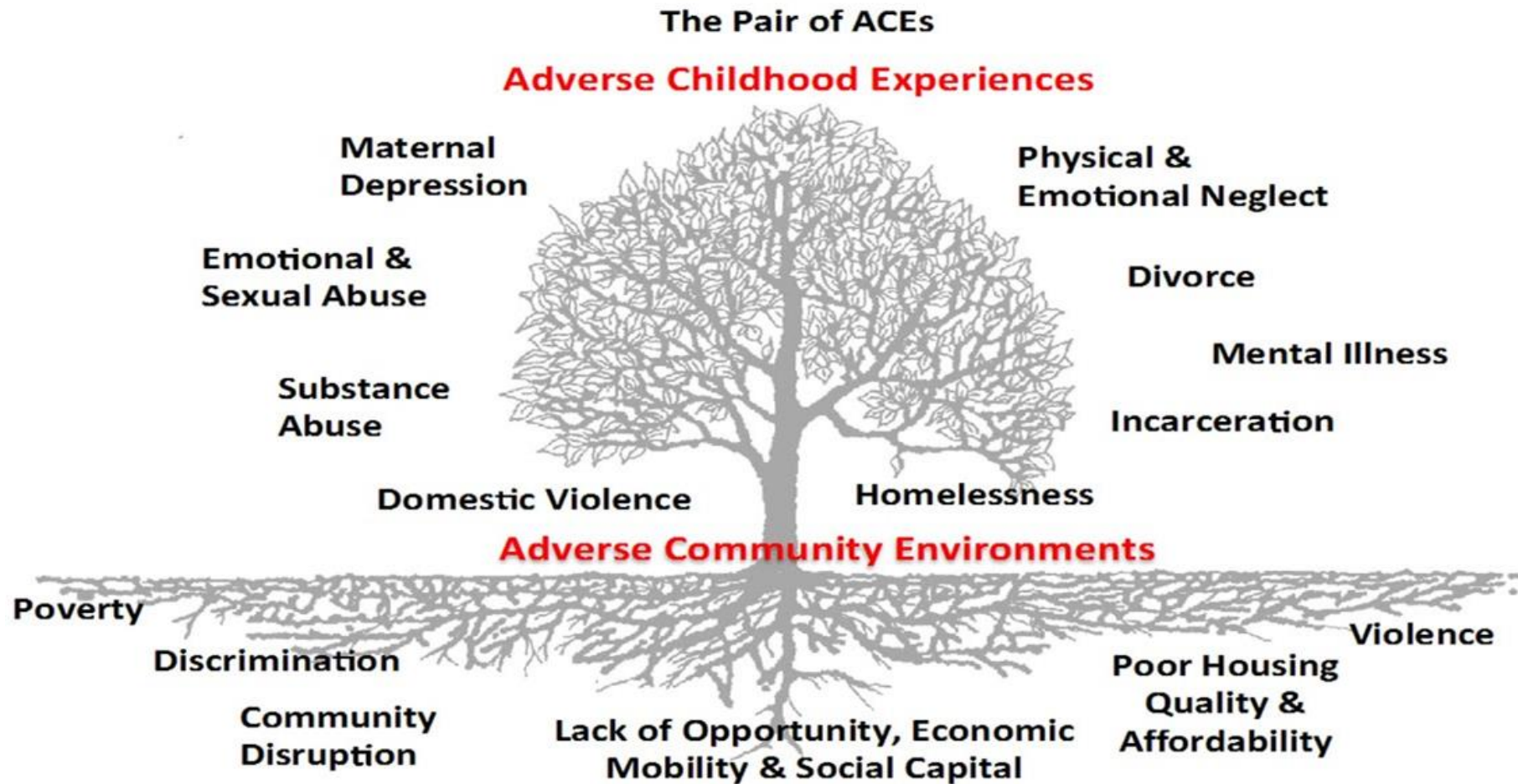
- **Phase 1 - 18 months – \$750,000**

- Technical Assistance
- Evaluation
- Administrative support
- Training, policy audit, and CoP
- HCC legislation
- HCC staff
- Strategic partnership development

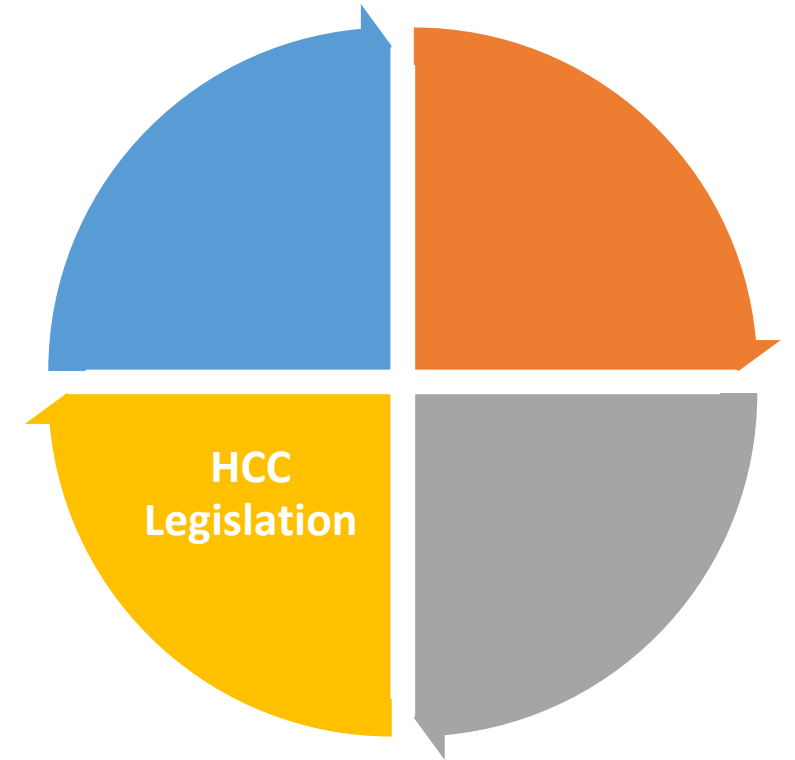
If we eliminated the trauma our children experience



Healing City Cincinnati and the Office of Equity



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011





HEALING CITY

BALTIMORE

MOVING



FORWARD,

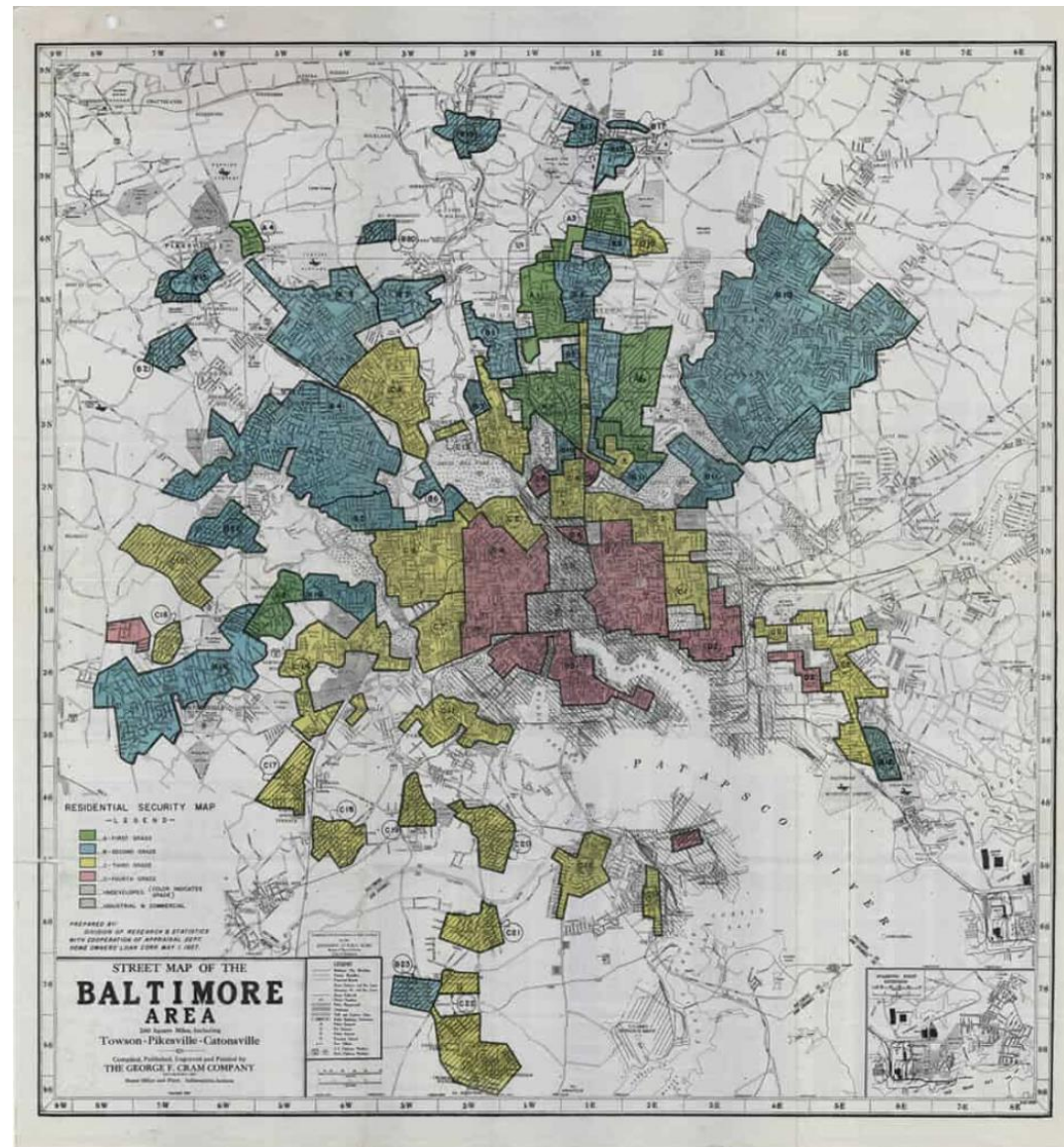


TOGETHER.

Trauma Informed Cities VIP Forum
Greater Cincinnati Foundation
October 12, 2023

*Zeke Cohen, Founder
Kim Lagree, Director
Brendon Frankel, Coordinator*

Baltimore in 1937



A Home Owners Loan Corporation 1937. Johns Hopkins University.

BALTIMORE POLICE DEPARTMENT

Frederick Douglass High School struggles to return to normality after shooting

By TALIA RICHMAN

THE BALTIMORE SUN | FEB 14, 2019 AT 7:25 PM





APRIL 10, 2019

CITY COUNCIL HEARING

Youth Voices, Youth Violence

charmTV













Elijah Cummings Healing City Act

- Creates a task force of 38 people trauma-responsive city government
- Training for all city agencies on Trauma-Informed Care
- Review all policies and procedures

ELIJAH CUMMINGS HEALING CITY ACT



- Historical and Structural Racism facilitated by Dr. Lawrence Brown - June 17, 2021
- Trauma 101, Part 1 facilitated by Baltimore City Health Department - October 11, 2021
- Trauma 101, Part 2 facilitate by Sage Wellness Group - October 11, 2021
- Trauma Informed Care & Historic Racism in Baltimore facilitated by Kindred Wellness - November 12, 2021
- Restorative Practices and Mindfulness facilitated by Holistic Life Foundation & Akoben - December 3, 2021
- Youth Voice facilitated by Healing Youth Alliance & Heart Smiles - February 4, 2022
- Grief and Loss facilitated by Roberta's House - March 11, 2022



Dr. Lawrence Brown,
Director of The Black Butterfly Project



Raguel F. Broy,
Baltimore City Health Department



Shawna Murray-Browne, LCSW-C
Kindred Wellness, LLC



Atman Smith,
Holistic Life Foundation



Joshua Lee,
Akoben LLC



The Healing Youth
Alliance, (HYA)



William Kellibrew IV,
Baltimore City Health Department



Dr. Tara Doaty,
Sage Wellness Group



Ali Smith,
Holistic Life Foundation



Dr. Abdul-Malik Muhammad
Akoben LLC



Annette R. March-Grier,
RN., C.F.S.P.,
Roberta's House Inc.



Dr. Kyla Liggett-Creel,
University of Maryland



● Community Violence

Baltimore Bets on a New Type of First Responder: The Librarian

After a devastating shooting in a public space, officials embarked on a plan to train city employees — and residents — in alleviating grief and trauma. The work starts this summer, at the library.

By J. Brian Charles • Aug 6, 2021



Peer Recovery Coaches in the Libraries



Lessons Learned

1. Legislation matters.
2. This work takes funding.
3. WE are the medicine.
4. Cincinnati can do this!



HEALING CITY
BALTIMORE

Building Equitable & Resilient Neighborhoods

Neighborhoods Committee

Cincinnati City Council

April 2, 2024



Milken Institute School
of Public Health

THE GEORGE WASHINGTON UNIVERSITY

Framing Community Resilience



Fear

Instinct (Fight or Flight)
Undermines Social Cohesion
Promotes Anxiety, Depression,
Anger

Hope

Secondary Emotion
Requires Nurturing
Promotes Health, Wellbeing

Survive

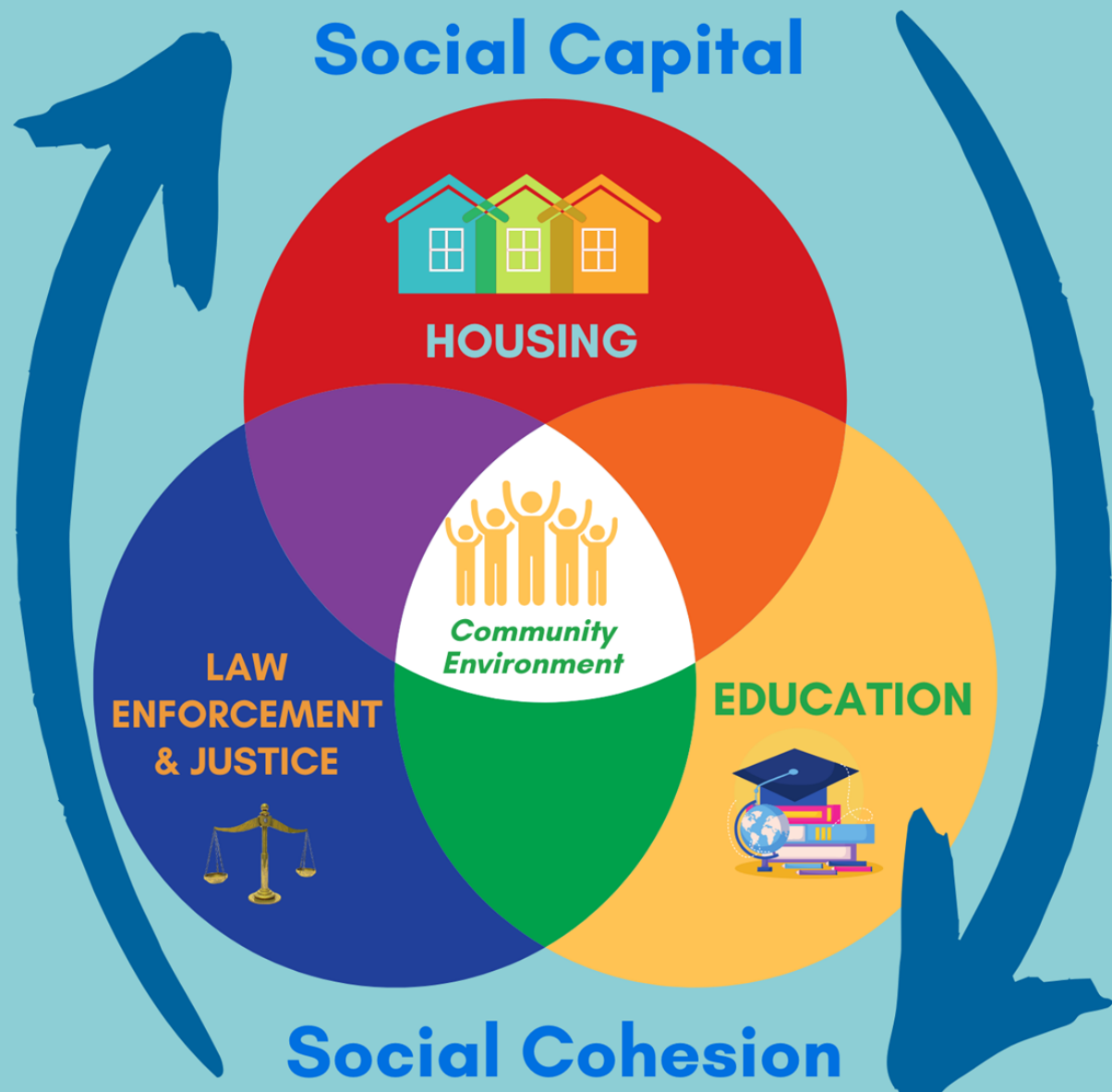
vs

Thrive

Community Resilience

Understanding that housing, education, criminal justice and law enforcement are the systems most proximal to influencing the community environment, it is imperative that these sectors work together to create just policies and equitable practices that promote health and well being in collaboration with neighborhood residents.

Place-based investments that promote social cohesion and social capital, ensure accountability to community, and foster hope and equity for all neighborhoods.

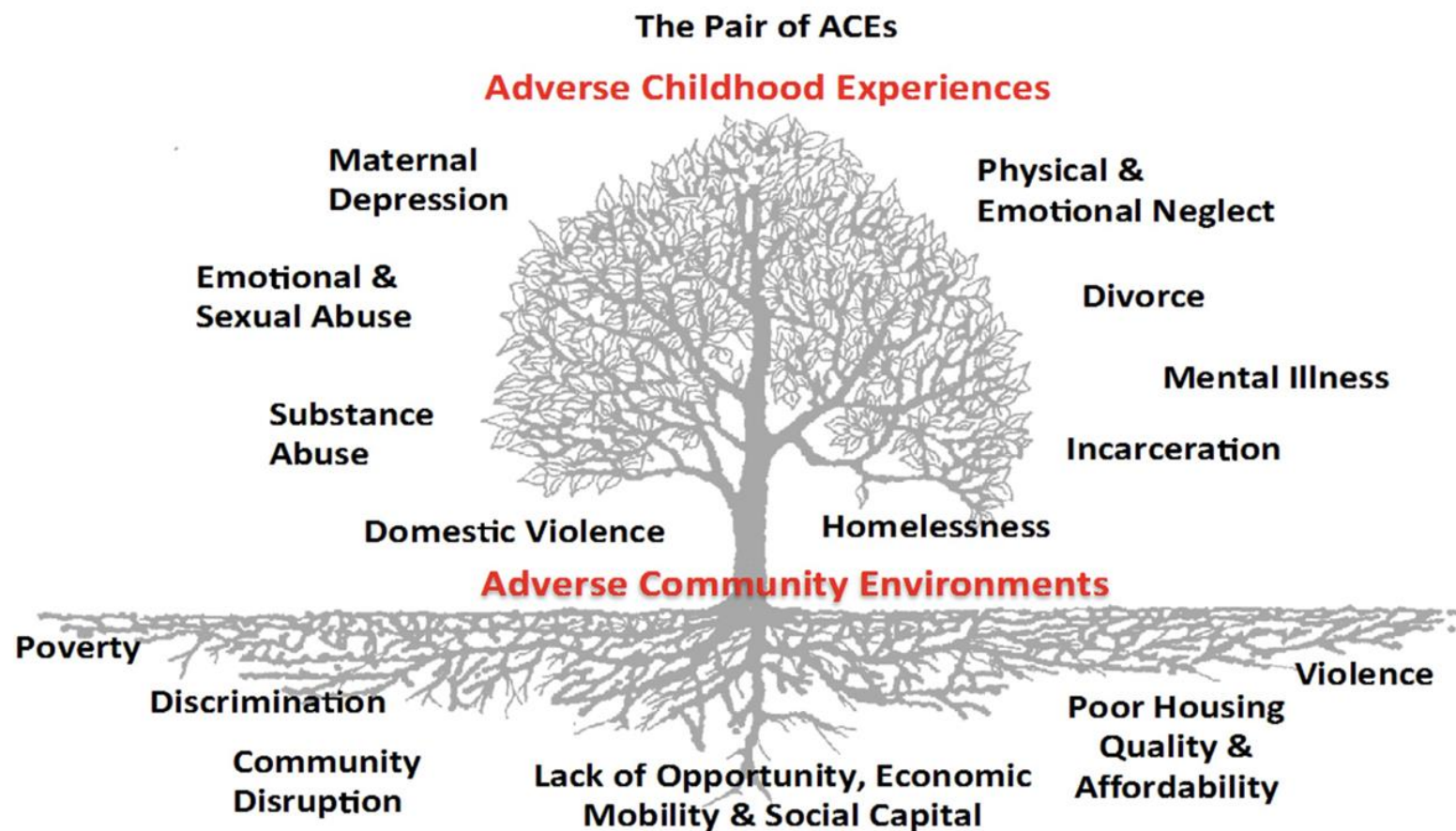


A framework for just, equitable and resilient community environments.



Metrics that Matter

- Housing/Neighborhood Stability
- Access to Health, Social & Educational Supports
- Spaces that foster social cohesion and community safety
- 24/7 Neighborhoods
“Communities where people can live, work, play and thrive in place”.



Ellis, W., Dietz, W.H., Chen, K.D. (2022). Community Resilience: A Dynamic Model for Public Health 3.0. *Journal of Public Health Management and Practice*, (28)1, S18-S26. doi: 10.1097/PHH.0000000000001413

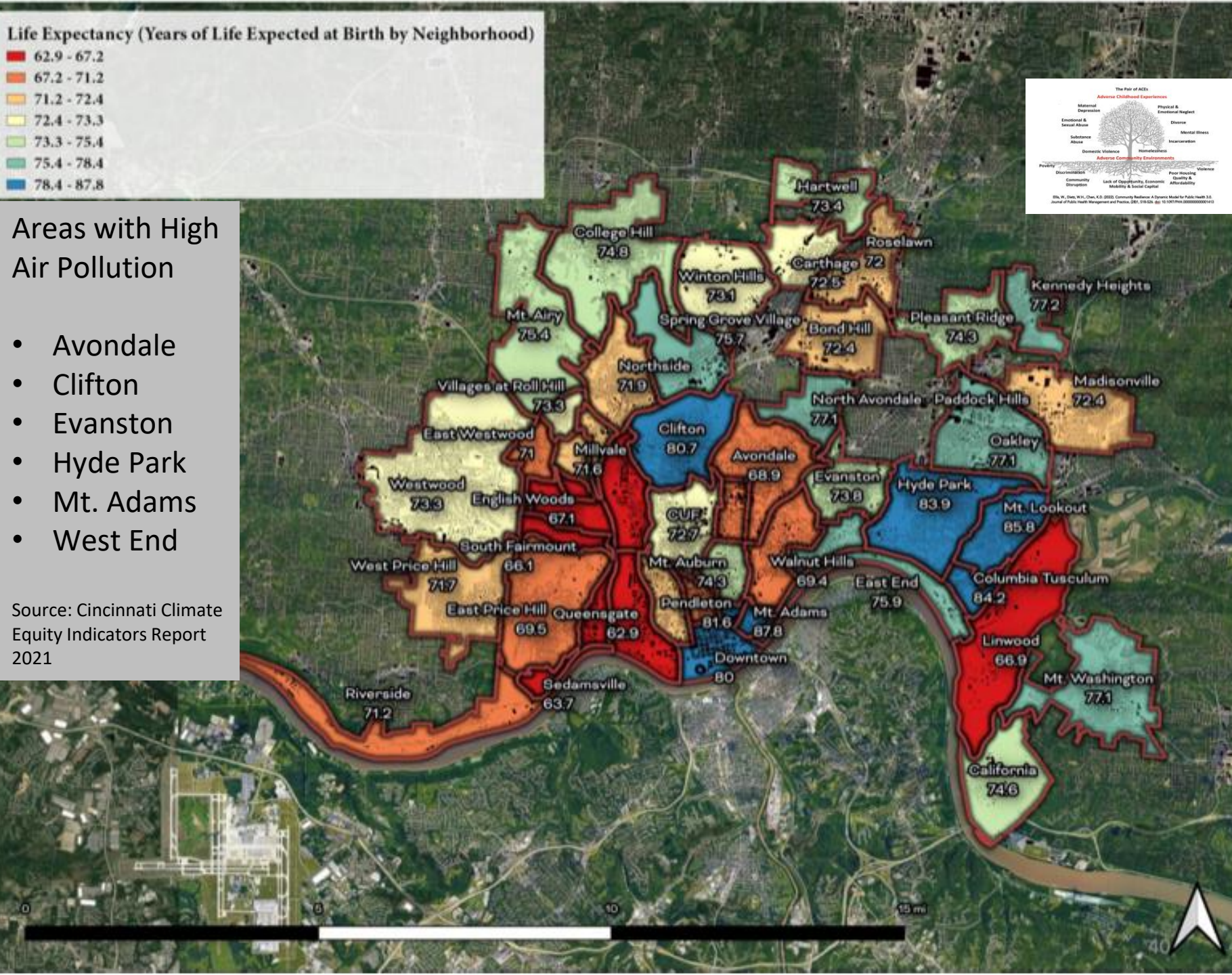
What is the health of
"Branches" across Cincinnati
neighborhoods?

Why the variation?
The Soil



Variation in place-based
investments, contribute
to place-based inequity.

Applying Systems Science at the Neighborhood Level



Life Expectancy by Neighborhood

District 1 & Business Dist.	
West End	71.3
Mount Adams	87.8

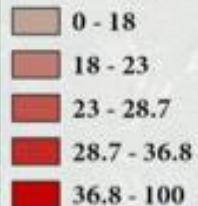
District 2	
Evanston	73.8
Hyde Park	83.9

District 3	
East Price Hill	69.5
Riverside	78.7

District 4	
Avondale	68.9
Clifton	80.7

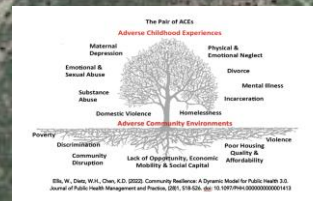
Consistent racial & economic
gradient 43

Owner Households Spending 30% of Income or More on Mortgage (% of All Households)



Nearhoods with
50% Housing
Burden (Renters &
Owners)

- Avondale
- East Price Hill
- West End



Housing Burden & Median Income by Nearhood

District 1 & Business Dist.

West End	\$18,049
Mount Adams	\$64,943

District 2

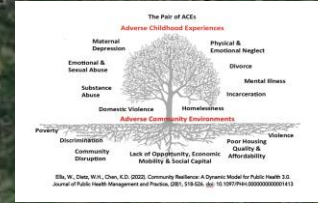
Evanston	\$23,399
Hyde Park	\$74,529

District 3

East Price Hill	\$40,101
Riverside	\$67,738

District 4

Avondale	\$19,391
Clifton	\$33,637



Childhood Poverty & Community Assets

District 1 & Business Dist.

West End	49%
Mount Adams	3%

District 2

Evanston	24%
Hyde Park	2%

District 3

East Price Hill	23%
Riverside	17%

District 4

Avondale	33%
Clifton	7%

45.6% Cincinnati Schoolchildren Grade 1-4 live in Poverty

National Avg 16.3%

Cincinnati's Opportunity & Innovatively Networked Neighborhoods (COINN)

“Fostering equity, innovation and opportunity for all neighborhoods”

Support Basic Needs, Build Trust	Create Opportunity, Foster Social Cohesion	Foster Innovation, Connect & Thrive
Access to Healthy Foods, Grocery Stores Safe, Affordable & Quality Housing	Promote development of small & local business corridor Expand Neighborhood Business District Improvement Program	Community Partnerships in Public Safety, Entrepreneurship, Education and Use of Technology
Place-Based Education Assets Early Childhood Education & Child Care Systems	Neighborhood Recreation Spaces Community Art & Cultural Spaces	Cross-Neighborhood Youth Programs
Community-Based Health & Social Services Public Transportation, Roads & Bridge Connectivity WiFi and Technology Integration	Build an Infrastructure Workforce Neighborhood Design & Challenge Grants	Neighborhood Innovation Fund

Support Basic Needs, Build Trust

Access to Healthy Foods, Grocery Stores
Safe, Affordable & Quality Housing

Place-Based Education Assets

Early Childhood Education

Create Opportunity, Foster Social Cohesion

Promote development of small & local
business corridor

Expand Neighborhood Business District
Improvement Program

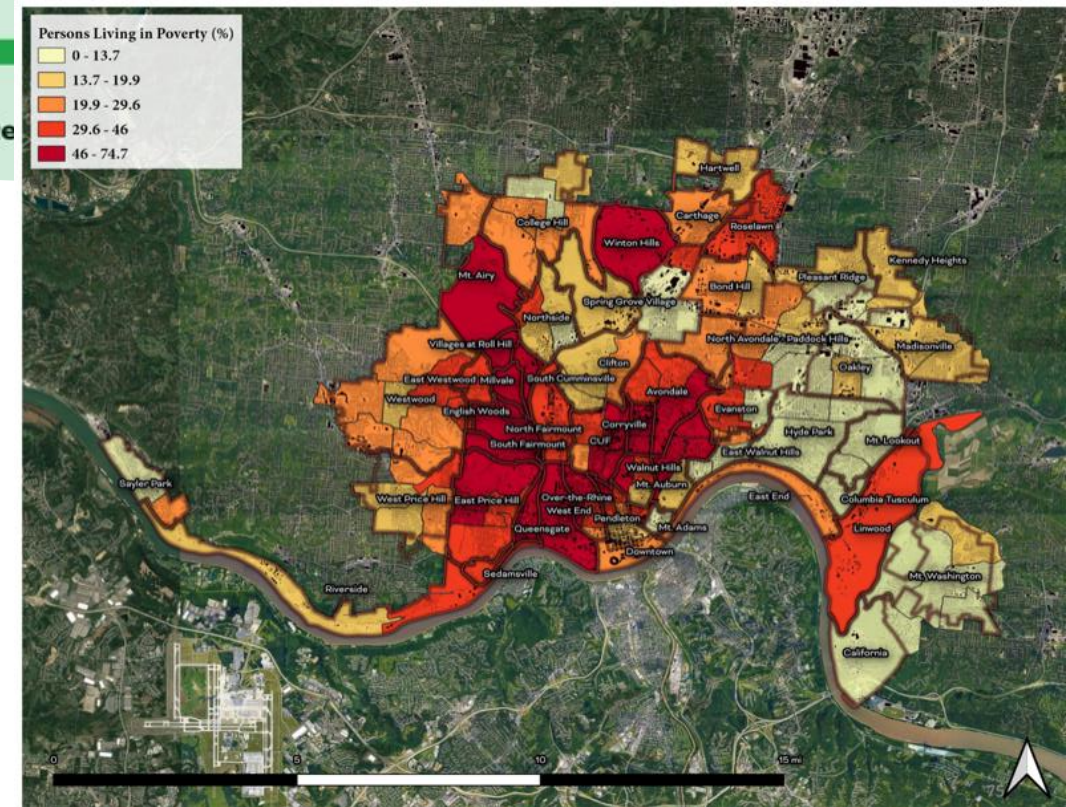
Neighborhood Revitalization

Foster Innovation, Connect & Thrive

Community Partnerships in Public Safety,
Entrepreneurship, Education and Use of
Technology

“Using the COINN and Community Resilience Frameworks Cincinnati can create investment strategies to close place-based equity gaps. This evidence-based and data driven approach allows city leaders to demonstrate both economic and social return on investment at the neighborhood level.”

Dr. Wendy Ellis





COINN
A Private/Public
Investment Strategy

ALL SECTORS IN

Federal Sources: HUD, Department of Education, IMLS, DOJ, CDC, Infrastructure Investment and Jobs Act, CHIPS and Science Act
State/County/Local Dollars incl. Railroad Sale & General Funds
Private Equity Investors, Local and National Philanthropy & local business community

Cincinnati Financial Freedom Blueprint

COINN Alignment

- Cross-sector, cross-agency equity goals
- Clear set of metrics to guide investments (accountability)
- Address barriers, deconstruct inequitable power structures
- Increase Access to Information (Social capital)
- Increase social cohesion at the neighborhood level

Social Capital



HOUSING



Community
Environment

LAW
ENFORCEMENT
& JUSTICE



EDUCATION



Social Cohesion

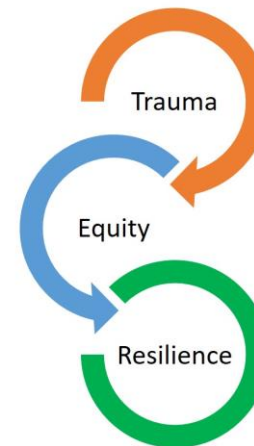
A Blueprint for Community Resilience in Cincinnati



Equity as a Guiding Principle
Equity in Measurement
Equity in Place
Equity by Race

Metrics that Matter

- Safe & Secure Housing
- Worker's Rights
- Economic & Social Mobility
- Long-term wealth building strategies
- Homeownership & Affordable Rental rates by neighborhood
- Small & Neighborhood Owned Business Growth
- Neighborhood-based educational, health and cultural assets
- Neighborhoods that provide psychological, community & public safety



Questions?

Wendy Ellis, DrPH

Director, Institute for Racial, Ethnic and Socioeconomic Equity

Director, Center for Community Resilience

The George Washington University

Washington, DC

wendye@gwu.edu



Dashboard Demo

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